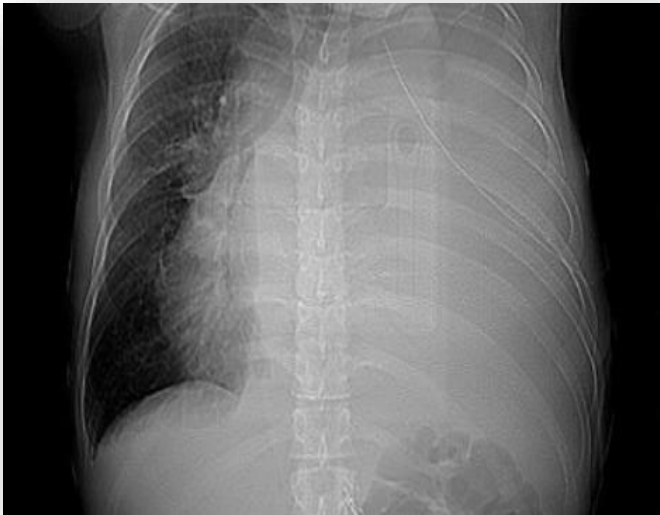


Update in Malignant Pleural Effusion Management



Kasia Czarnecka-Kujawa MD FRCPC MPH

Interventional Pulmonology

Division of Thoracic Surgery

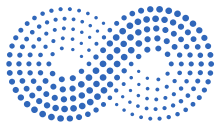
Division of Respiriology

University Health Network

Director RACE Program

Assistant Professor, University of Toronto

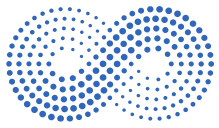




Disclosures

- Olympus America

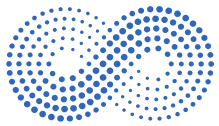




Overview

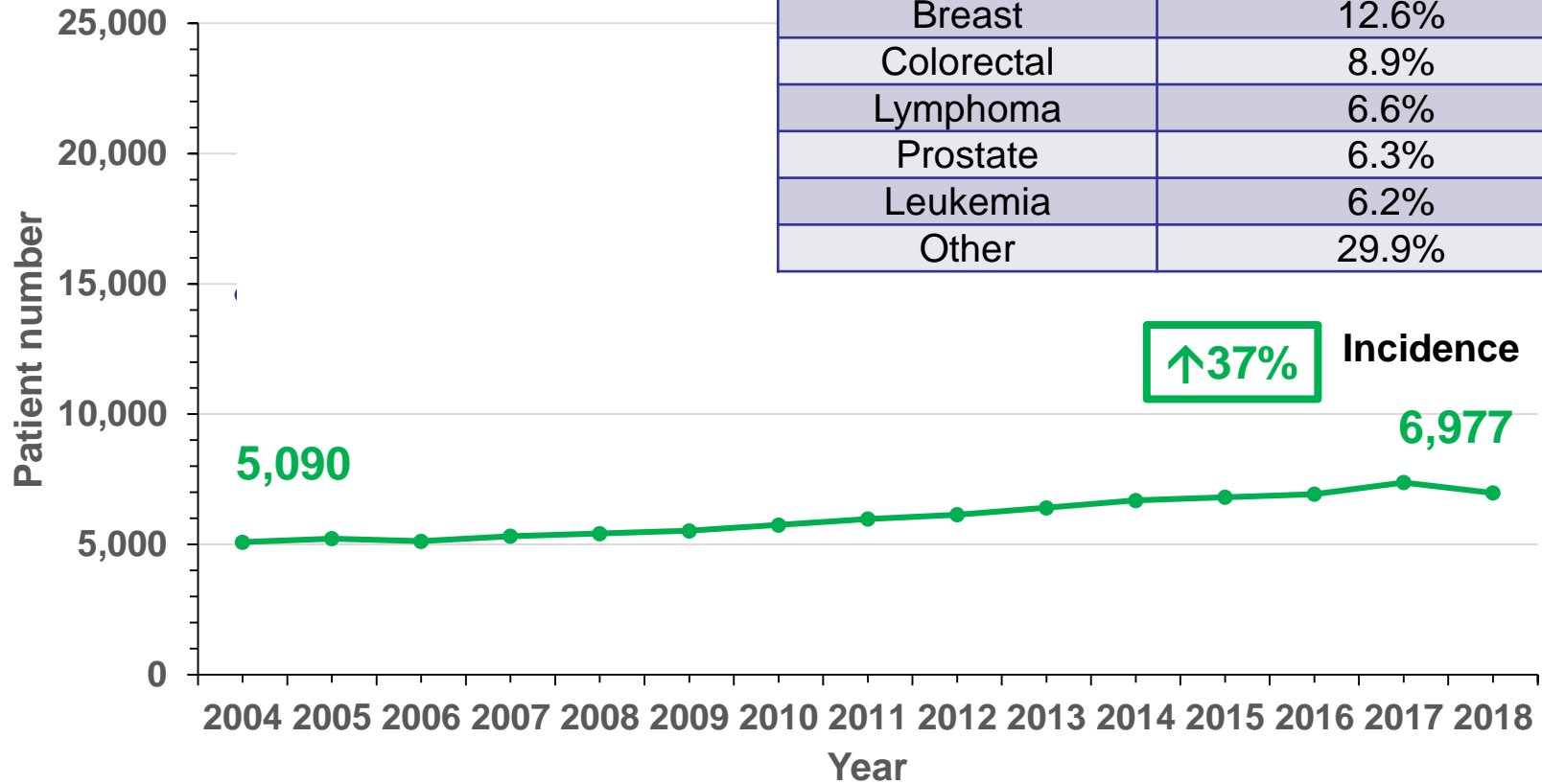
- MPE epidemiology
- Health care utilization and cost
- Update on definitive treatment options
- MPE quality gaps





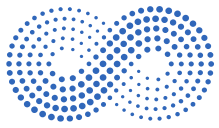
Incidence of Malignant Pleural Effusion in Ontario 2004-2018

Lung & pleura	30.5%
Breast	12.6%
Colorectal	8.9%
Lymphoma	6.6%
Prostate	6.3%
Leukemia	6.2%
Other	29.9%

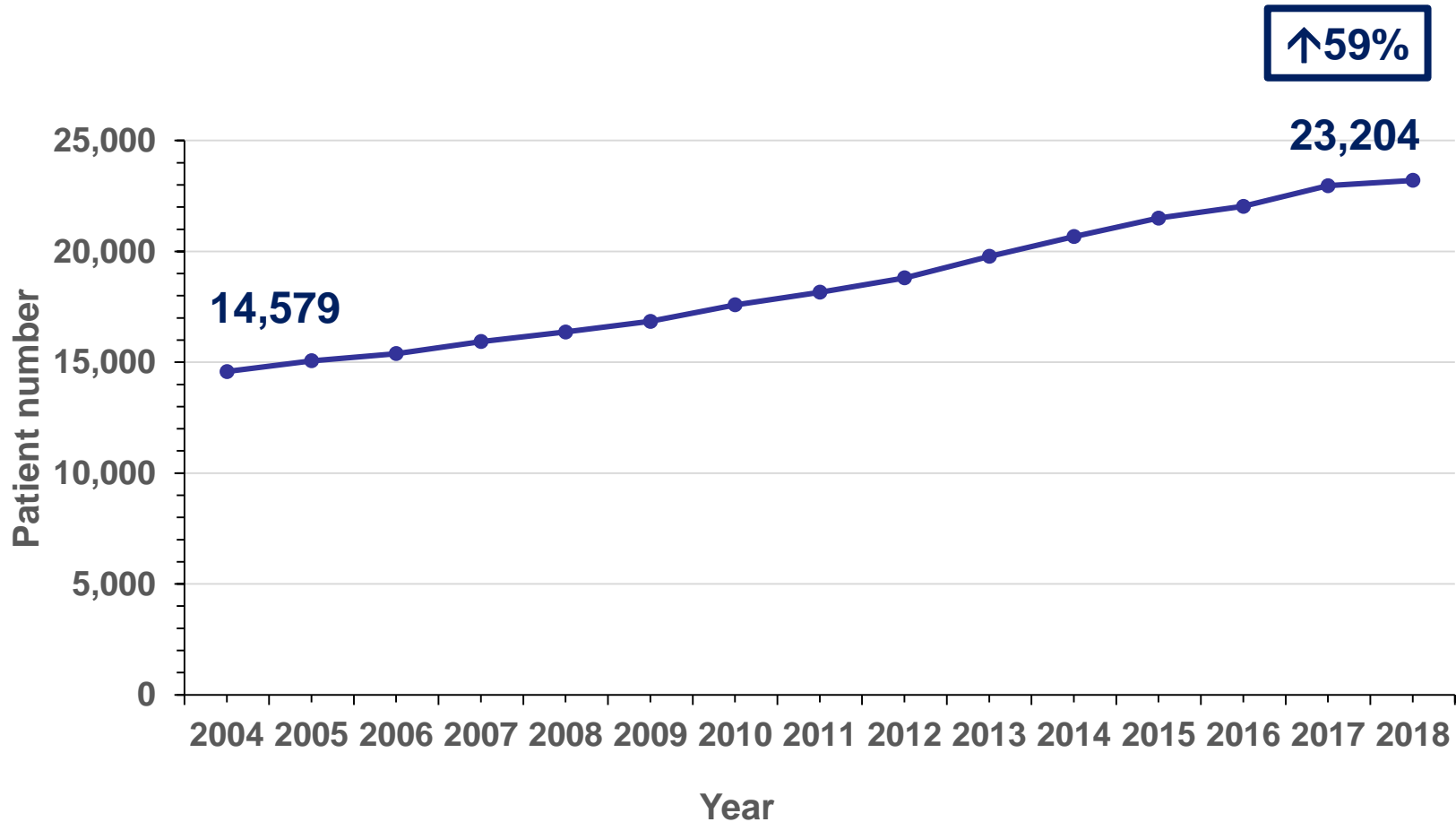


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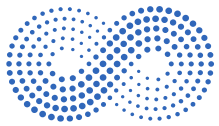


Prevalence of Malignant Pleural Effusion in Ontario 2004-2018

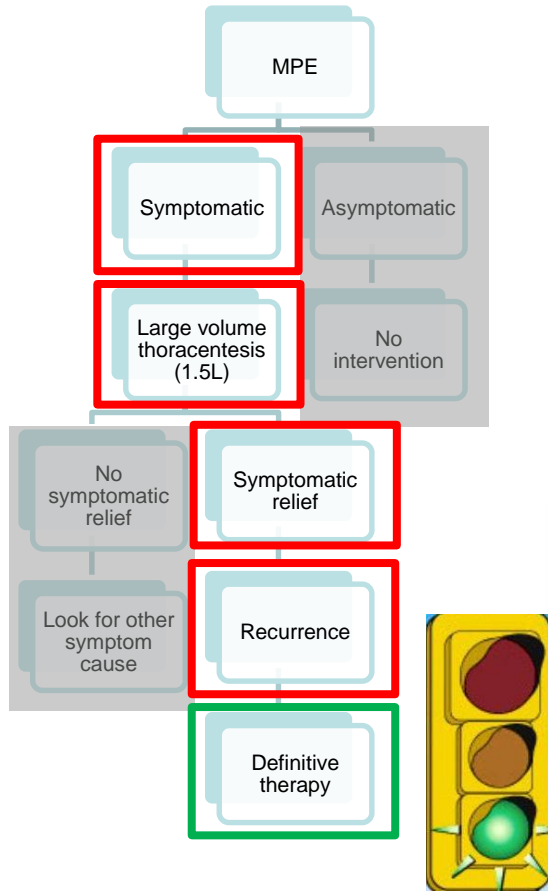


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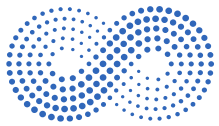
MPE – management guidelines



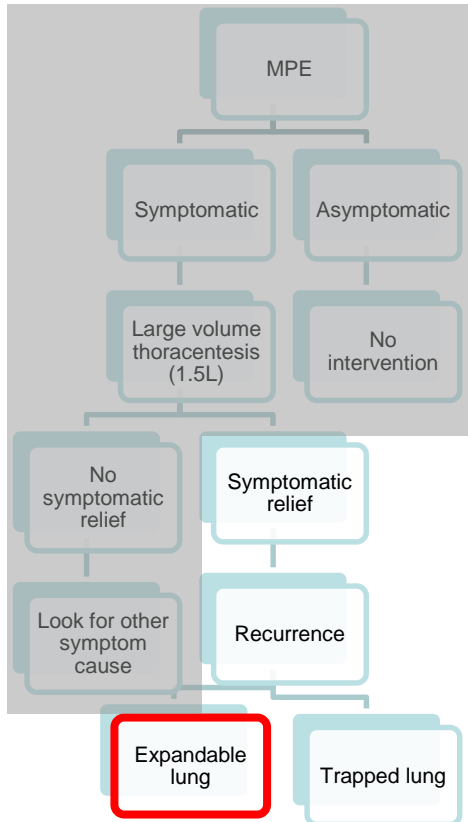
- > 50% effusions recur
- 58% recur rapidly (within 1 month)

- ? Plans for management at time of first drainage

Am J Respir Crit Care Med. 2018;198:839–849.
 Ost et al. CHEST. 2018;153:438-52.
 Am J Respir Crit Care Med. 2018;(198):839–849.
 Thorax. 2023;78:1143-56.
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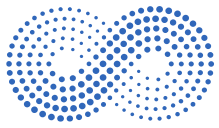
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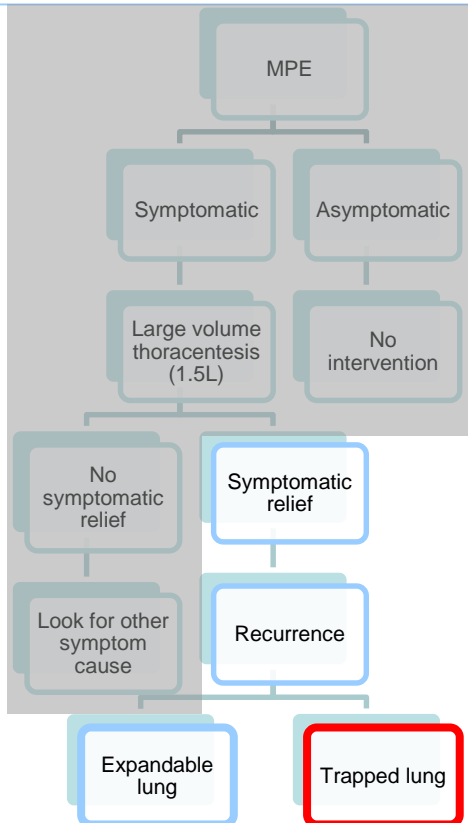
MPE management options	Expandable lung
Thoracentesis	X
Tunneled pleural catheter	X
Pleurodesis	X
VATS	X
Chest tube	X
Tunneled pleural catheter	X
Pleuroperitoneal shunt	X
Decortication/pleurectomy	X



Am J Respir Crit Care Med. 2018;198:839–849.
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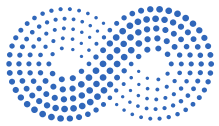
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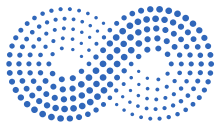
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Tunneled Pleural Catheter (TPC) vs Talc in MPE management

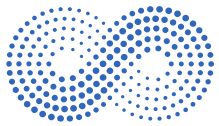
Study	LOS		Additional procedures		Adverse events		QOL
	TPC	TP	TPC	TP	TPC	TP	
TIME2 Davies 2012	0 IQR 0-1	4 IQR 2-6	6%	22%	40%	13%	TPC > TP (6 mth)
Fysh et al CHEST 2012	7 IQR 4-13	18 IQR 8-26	14%	32%	19%	45%	TPC >.TP
AMPLE Thomas. 2017	10 IQR 3-17	12 IQR 7-21	4%	22%	30%	18%	TPC=TP
Boshuizen 2017	0	5	16%	35%	19%	16%	TPC=TP





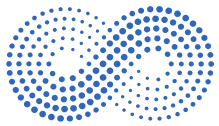
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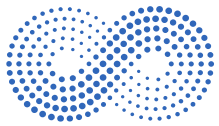
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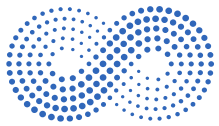
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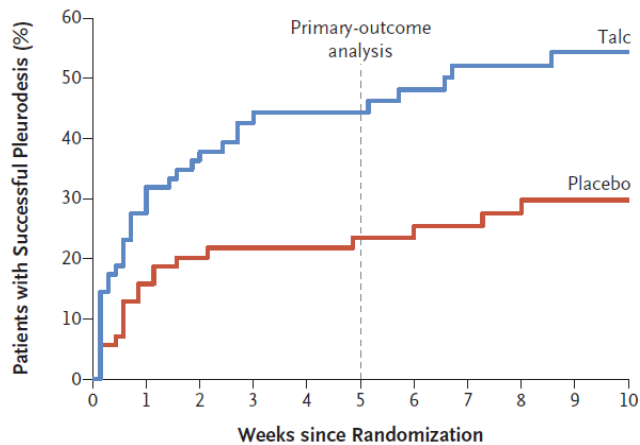
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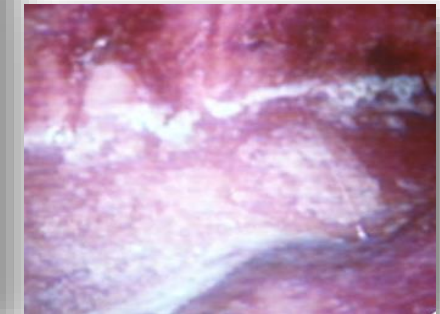
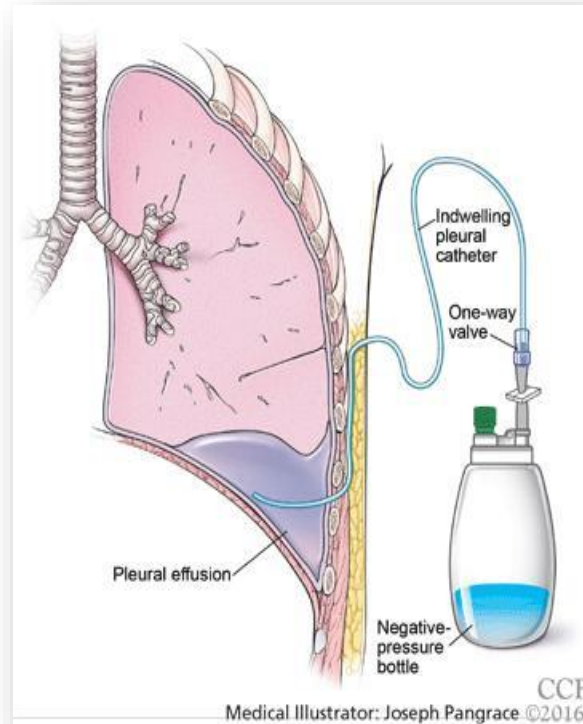
TPC + Talc in MPE management

- TPC + PLUS
- Pleurodesis at 70 days (max f/u time)
 - Talc: 51%
 - Placebo 27%
- > 50% patients excluded



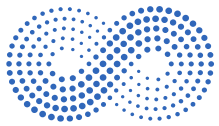
No. at Risk

Talc	69	50	43	35	32	29	27	24	23	21	10
Placebo	70	58	52	47	45	43	41	37	33	30	16

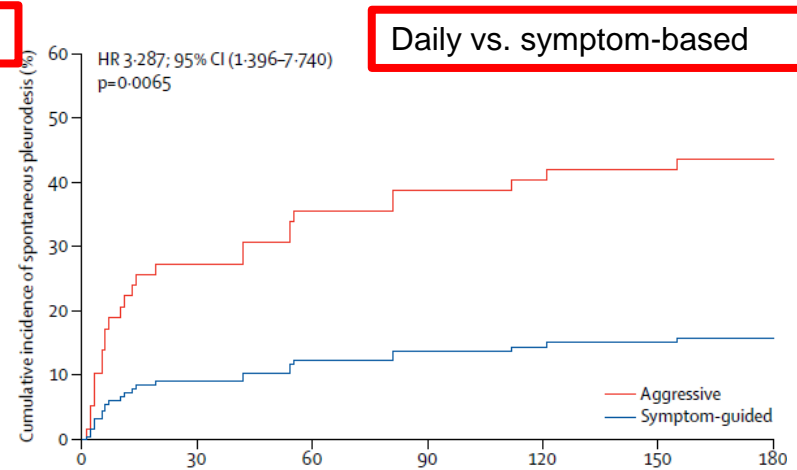
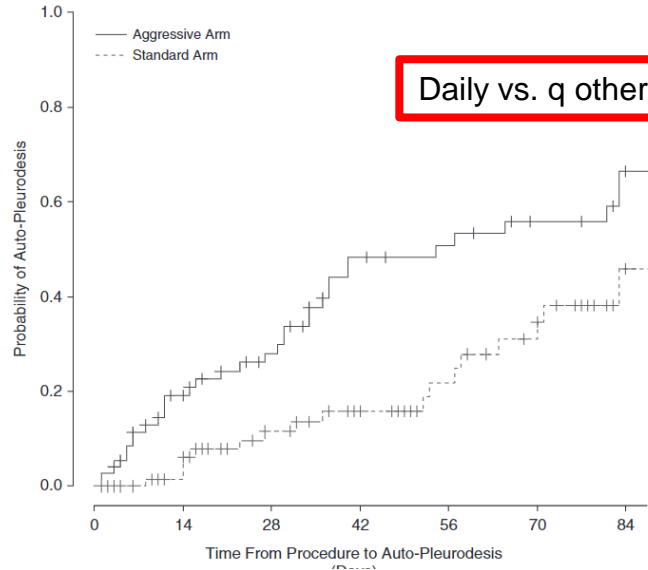


Bhatnagar et al. NEJM. 2018.378; 1313-22.



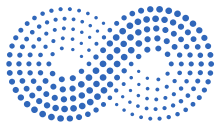


Daily drainage and pleurodesis rate

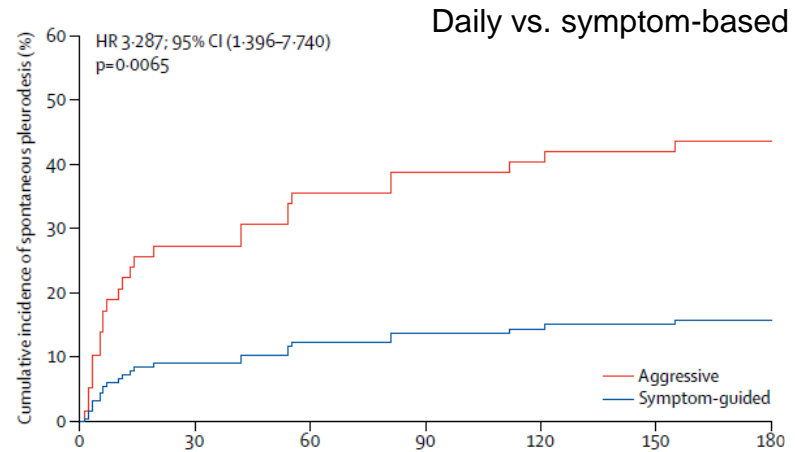
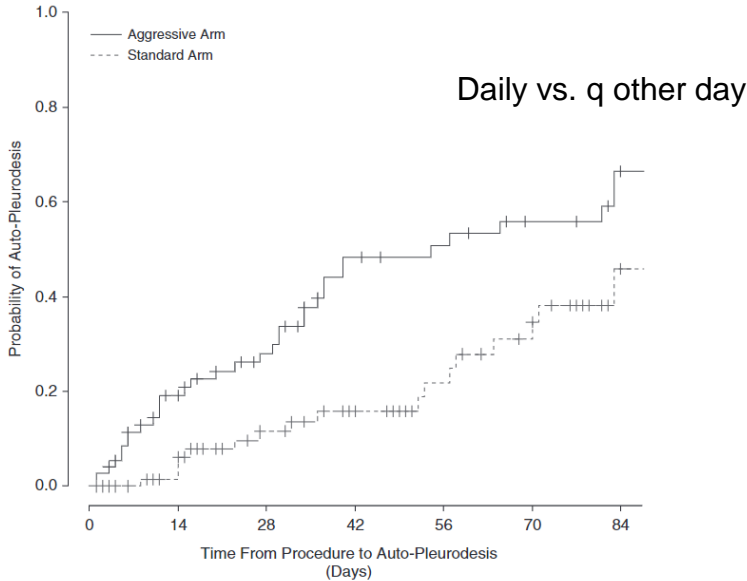


Wahidi et al. ASAP. Am J Respir Crit Care Med. 2017; 195:150-7.
Muruganandan et al. AMPLE2; Lancet Respir Med. 2018;6:671-80.





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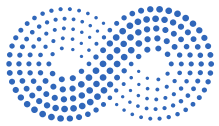


Pleurodesis rate: 47% vs. 24%
Time to pleurodesis:
 54 d 95% CI 34-83
 90 d 95% CI 70 – non-estimable

Pleurodesis rate
 60d daily - 37% 6mth daily - 44%
 prn - 11% prn - 16%

Wahidi et al. ASAP. Am J Respir Crit Care Med. 2017; 195:150-7.
 Muruganandan et al. AMPLE2; Lancet Respir Med. 2018;6:671-80.

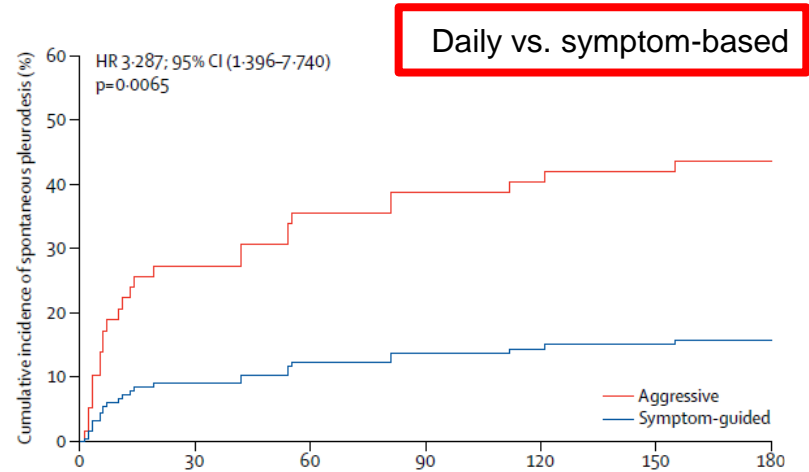
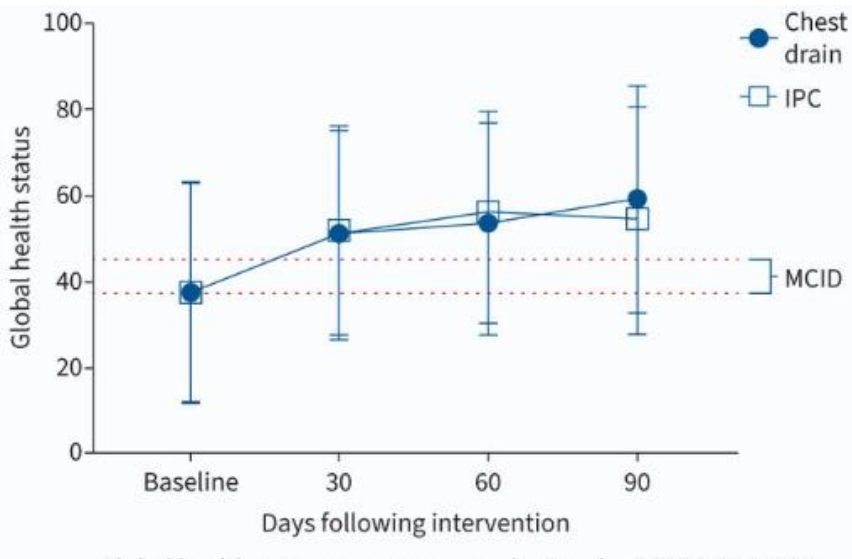




Symptom control

Pleurodesis: Tunneled pleural catheter vs. Chest drain

**Global health status
Chest drain = TPC**



Dyspnea: Daily = prn

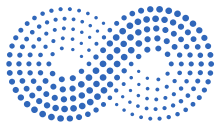
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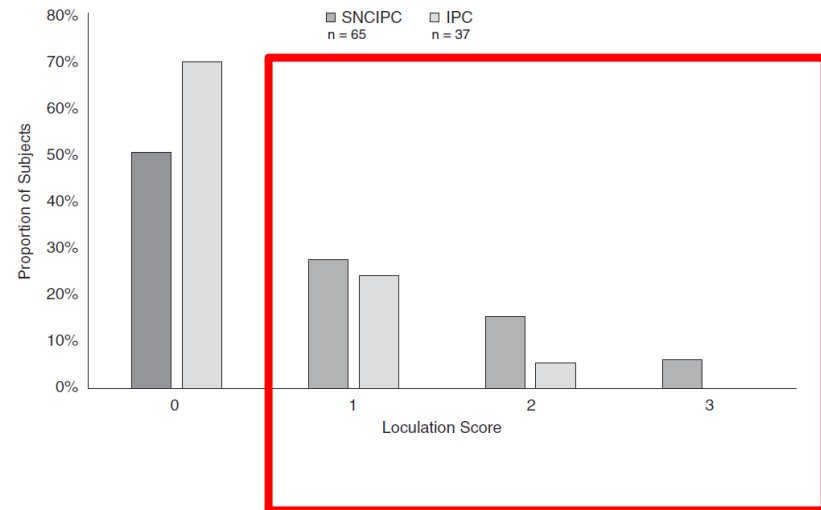


Silver nitrate-coated TPC?

- 20 Centers UK, US
- MPE (predominantly lung and breast cancer)
- Primary outcome : pleurodesis at 30 days
- Followed for 3 mths

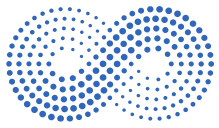
	SNTPC (n= 77)	TPC (n= 37)
Pleurodesis by 30 days n (%)	17 (22.1%)	12 (32.4%)
Rate difference 95%CI	- 0.10 (-0.30 - -0.09)	

Adverse events	SNTPC N (%)	TPC N (%)
Effusion	19 (24.7%)	3 (8.1%)
Loculated effusion	44 (49%)	11 (30%)
Anemia	11 (14.3%)	4 (10.8%)
Dyspnea	12 (15.6%)	4 (10.8%)
Pneumonia	11 (14.3%)	4 (10.8%)
Empyema	1 (1.3%)	1 (2.7%)
Total	No difference	



Shrager et al. Ann Am Thor Soc. 2022;19:1722-29.





Intrapleural chemotherapy?

Original Article

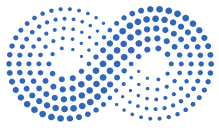
Intrapleural perfusion thermo-chemotherapy for pleural effusion caused by lung carcinoma under VATS

Runlei Hu¹, Hong Jiang¹, Hu Li¹, Dongshan Wei¹, Guoqing Wang¹, Shenglin Ma² **JTD. 2017**

- 54 patients with NSCLC
- VATS Intrapleural thermo/chemotherapy cisplatin 200mg/m² @ 43°C
- Apoptosis in all specimens
- 1y survival 74.1 % (median 21.7 mth)
- No adverse events

- Effusion control: >1 mth
- Complete response: 52/54
- Partial Response 2/54

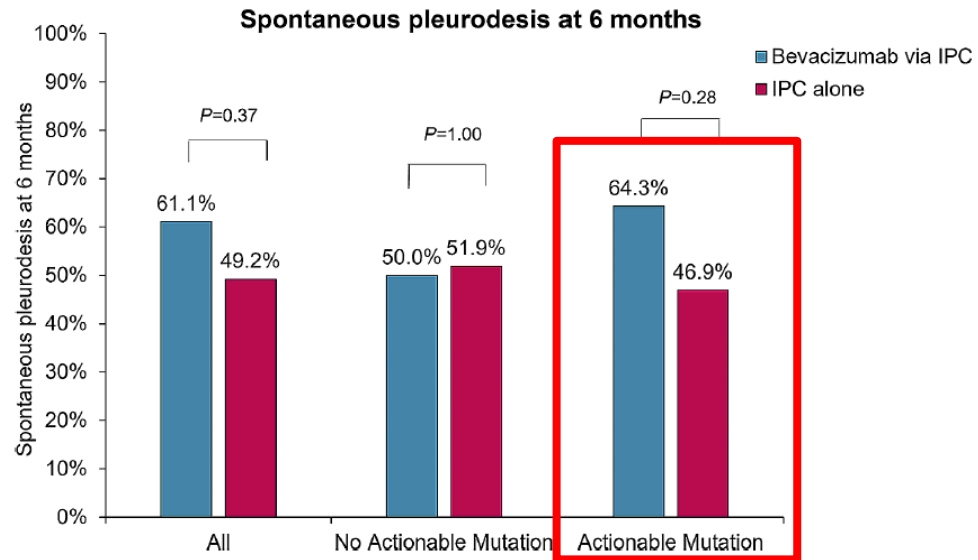
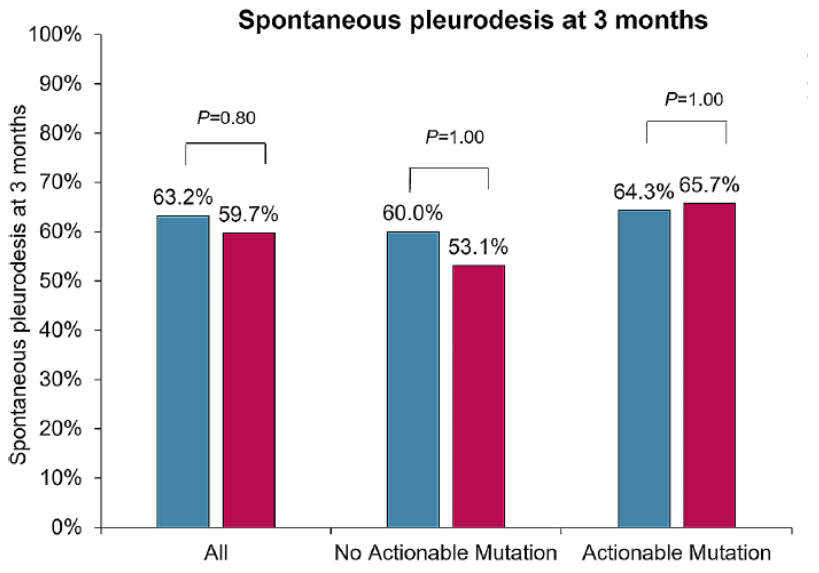
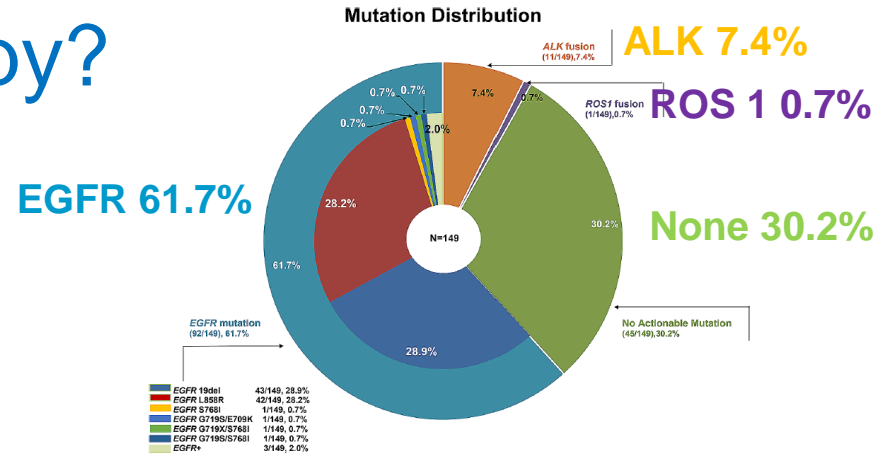




Intrapleural chemotherapy?

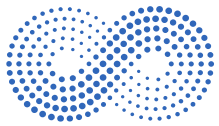
- Bevacizumab + TPC vs. TPC for MPE in NSCLC
- 149 patients, 69% with actionable mutations
- Intervention: TPC vs. TPC + bevacizumab
- No difference in adverse events

Pleurodesis: TPC = TPC+ bevacizumab



Zeng et al. BMC Pulm Med 2024;24:89.

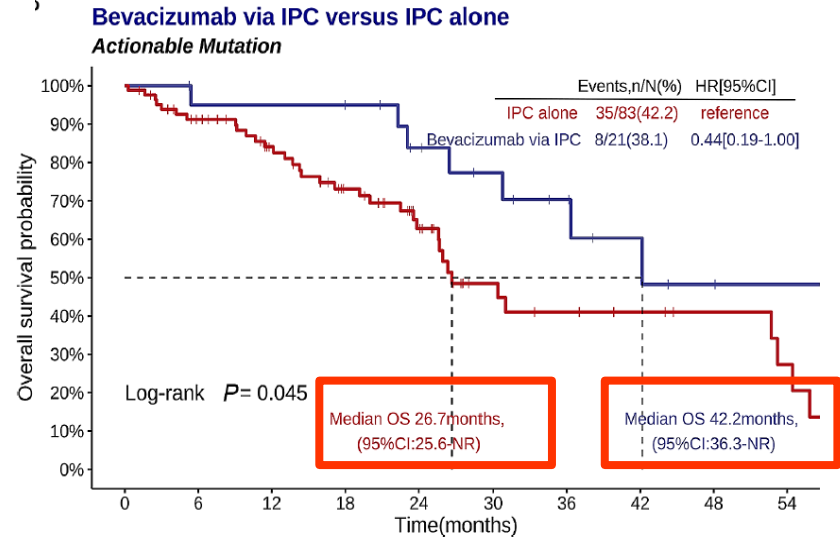
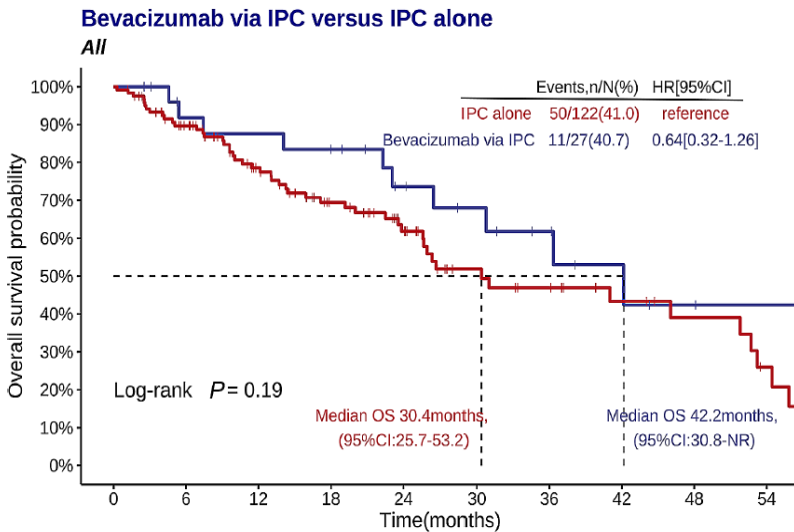
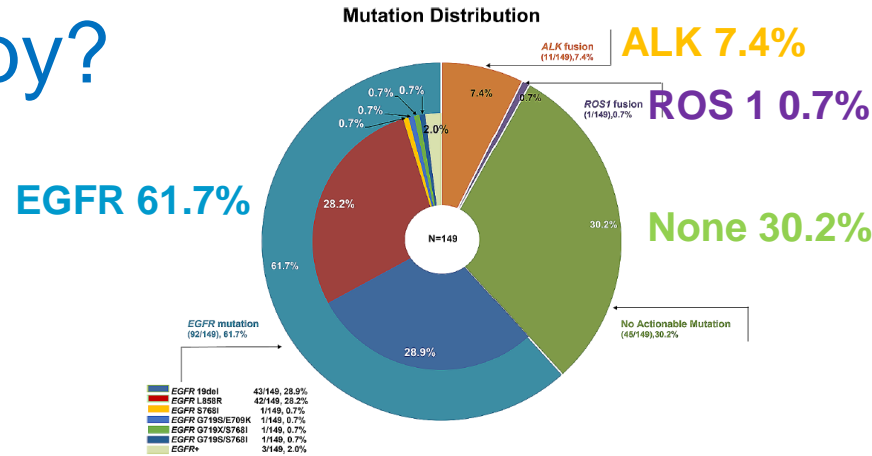




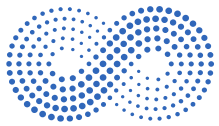
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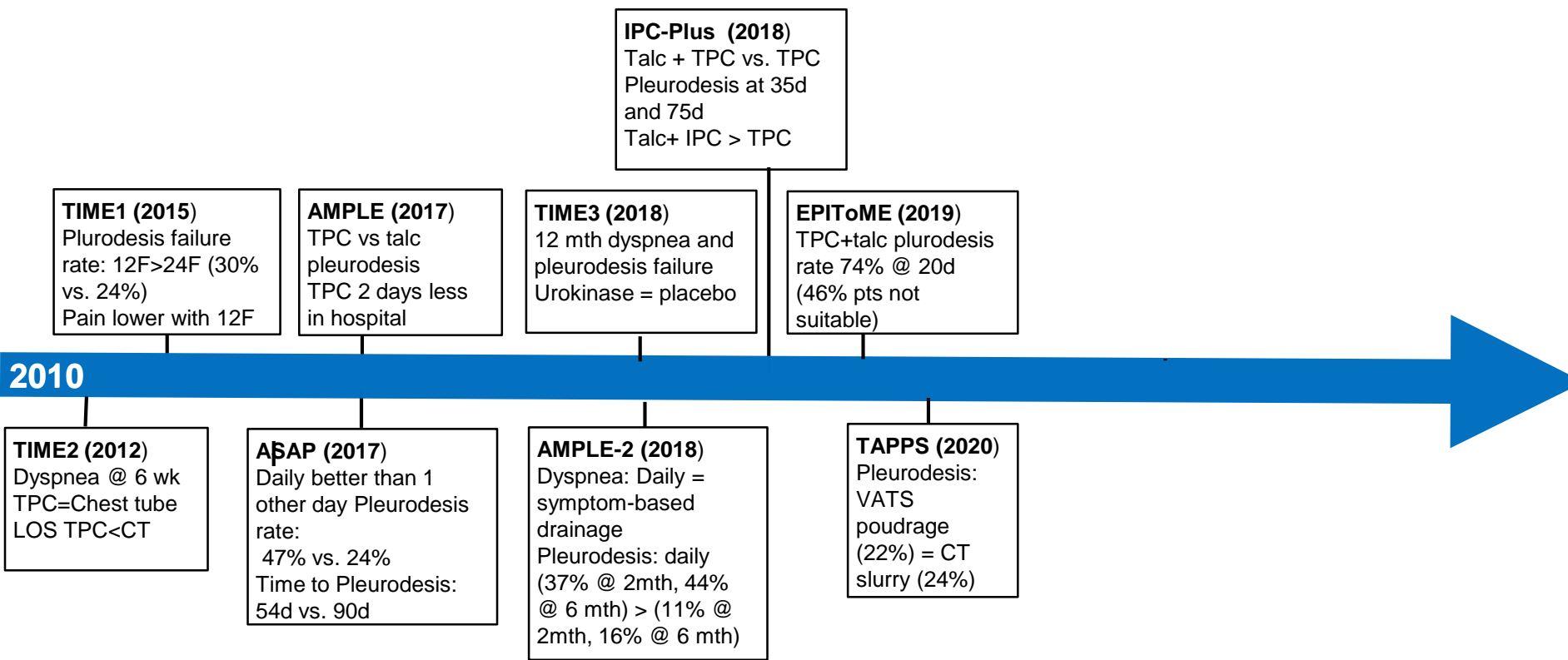
Survival: Bevacizumab + TPC vs. TPC

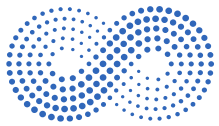


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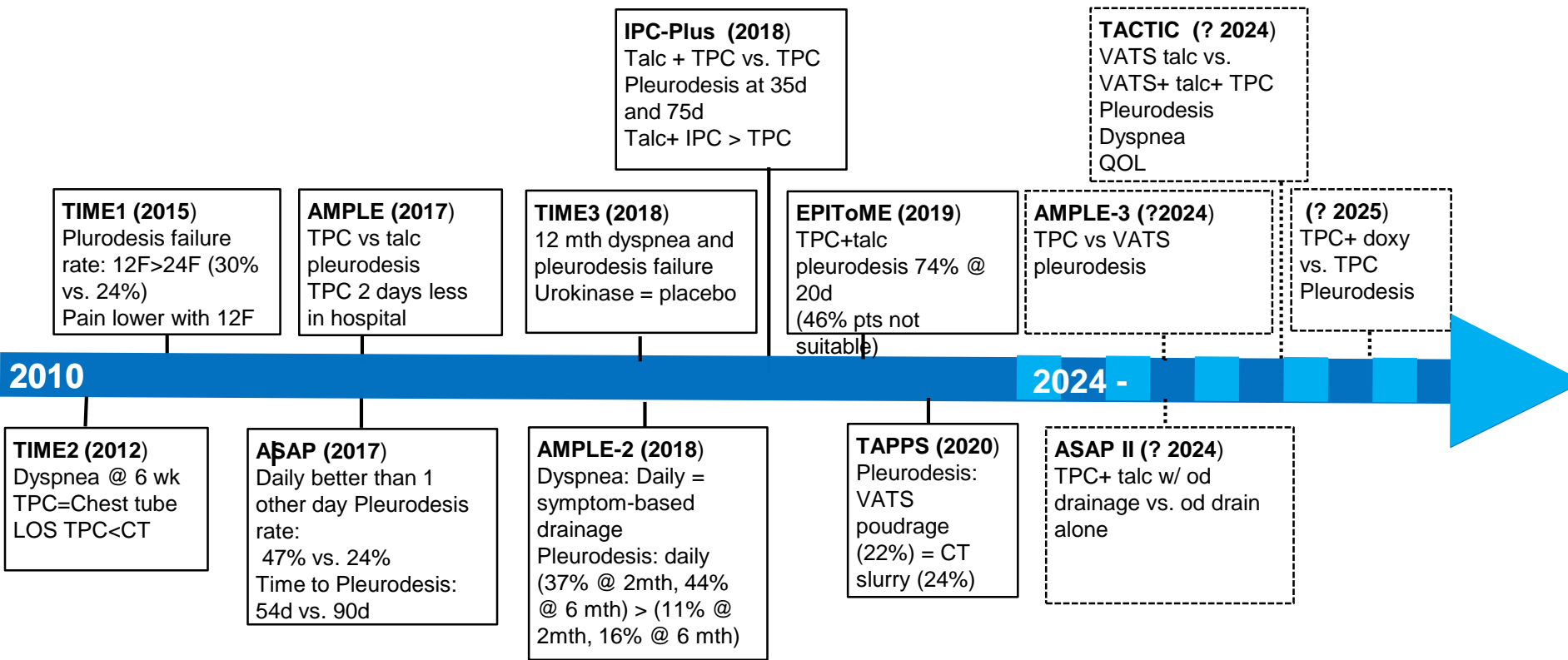


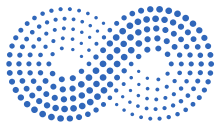
MPE studies 2010-2025



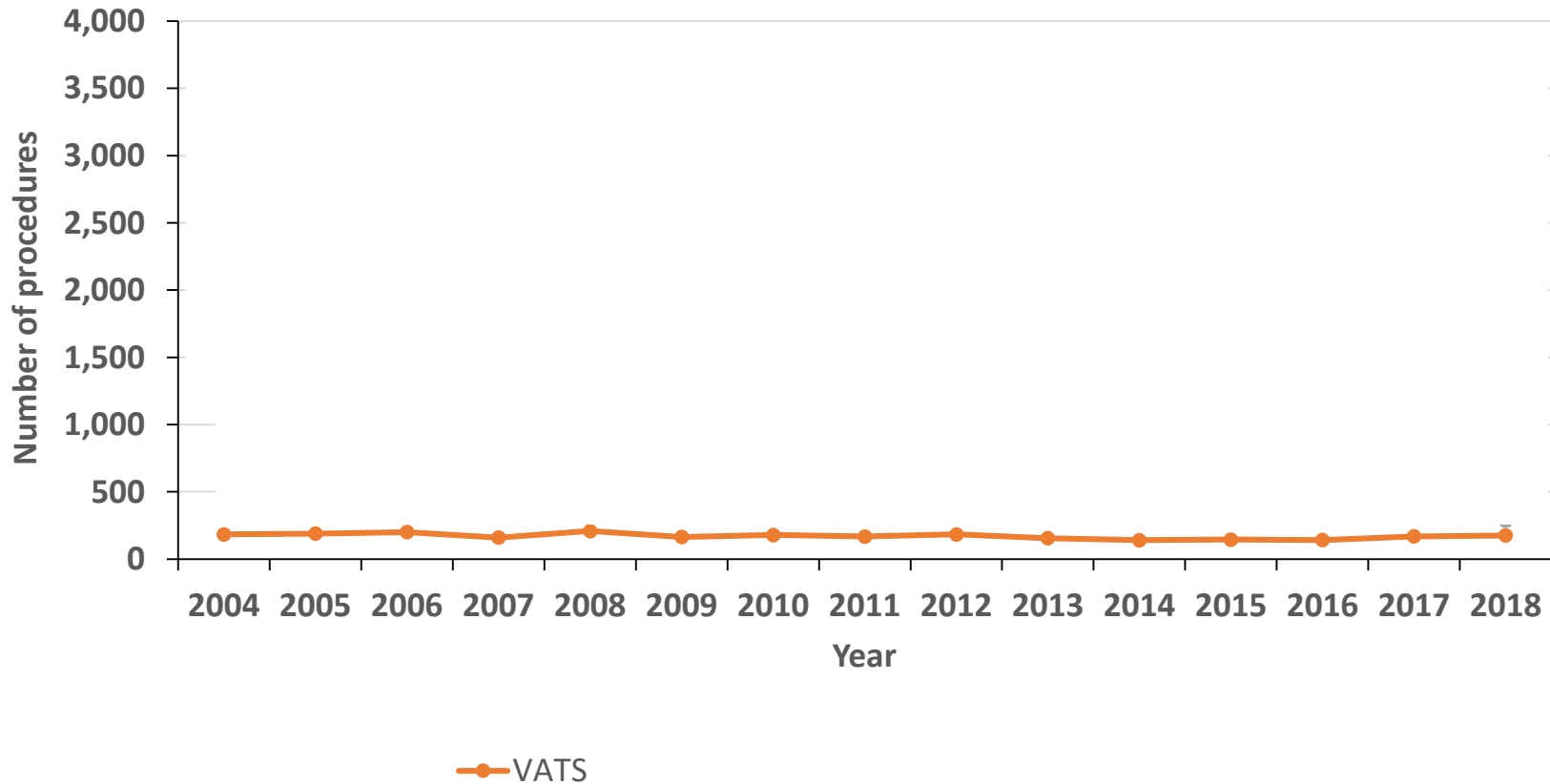


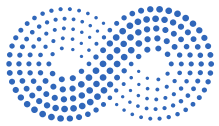
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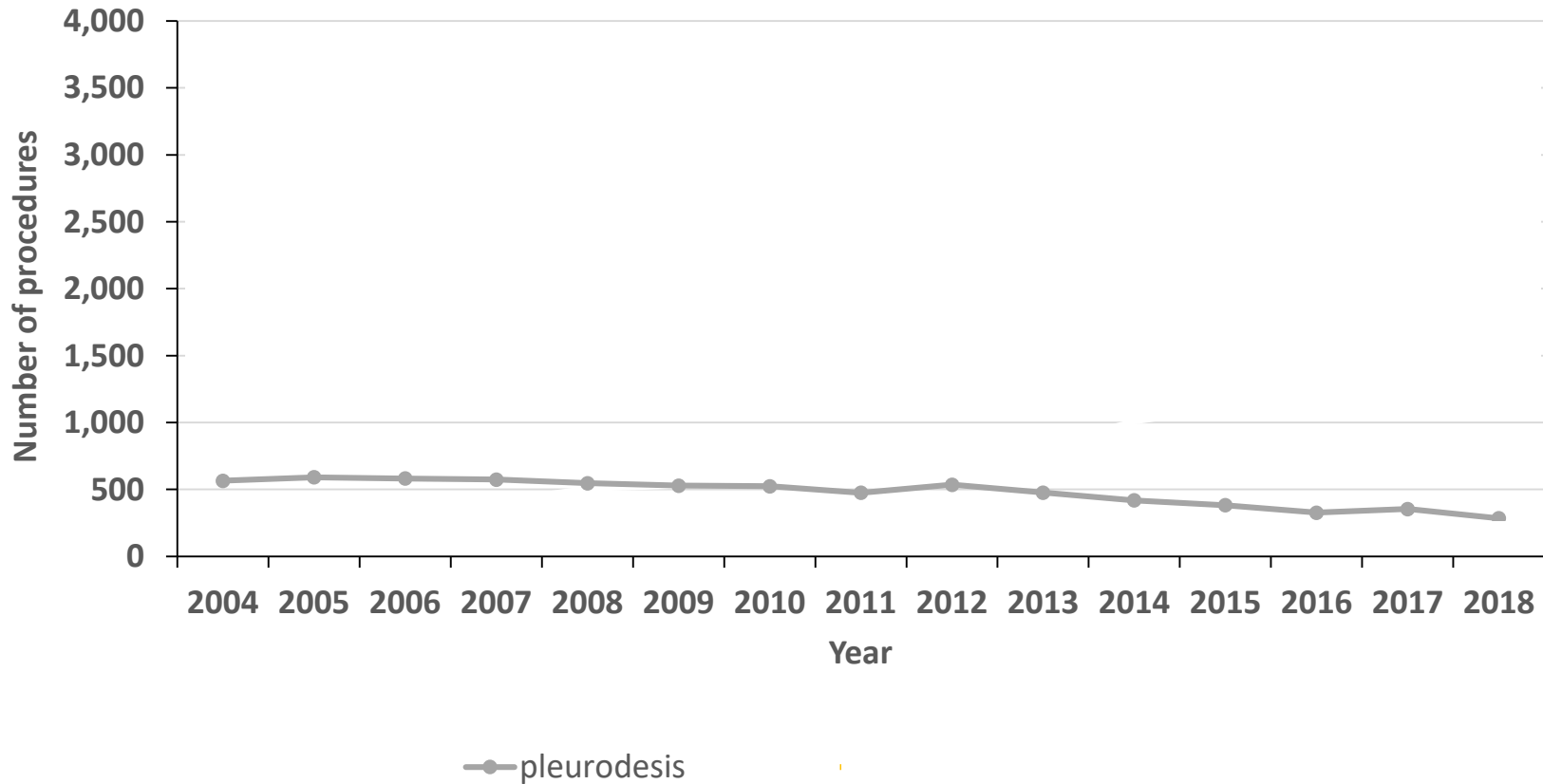


Procedures in Ontario MPE patients 2004-2018



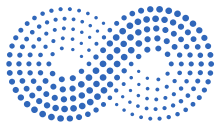


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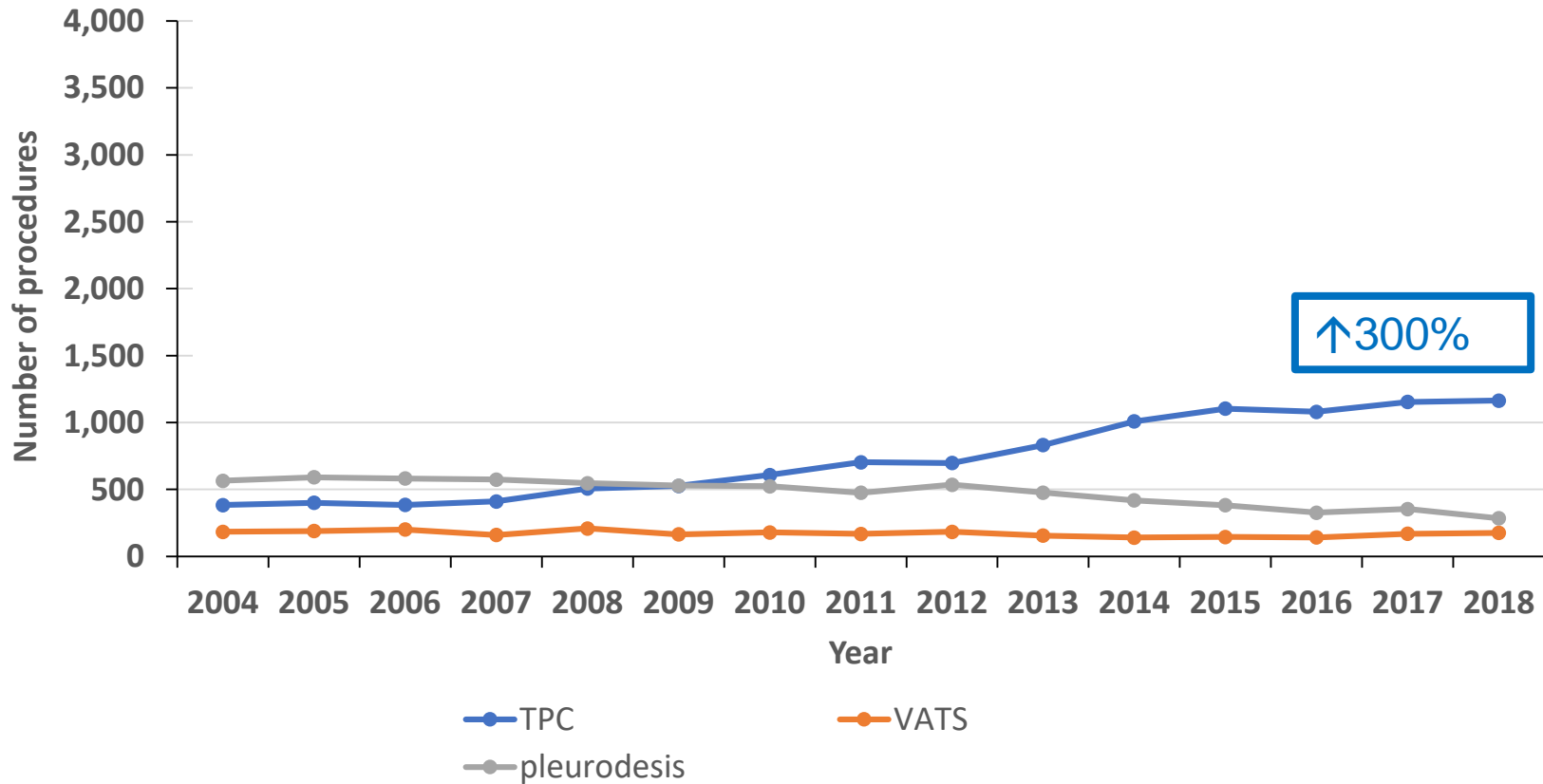


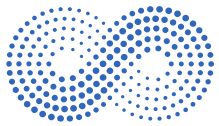
Czarnecka-Kujawa et al. ACCP. 2023



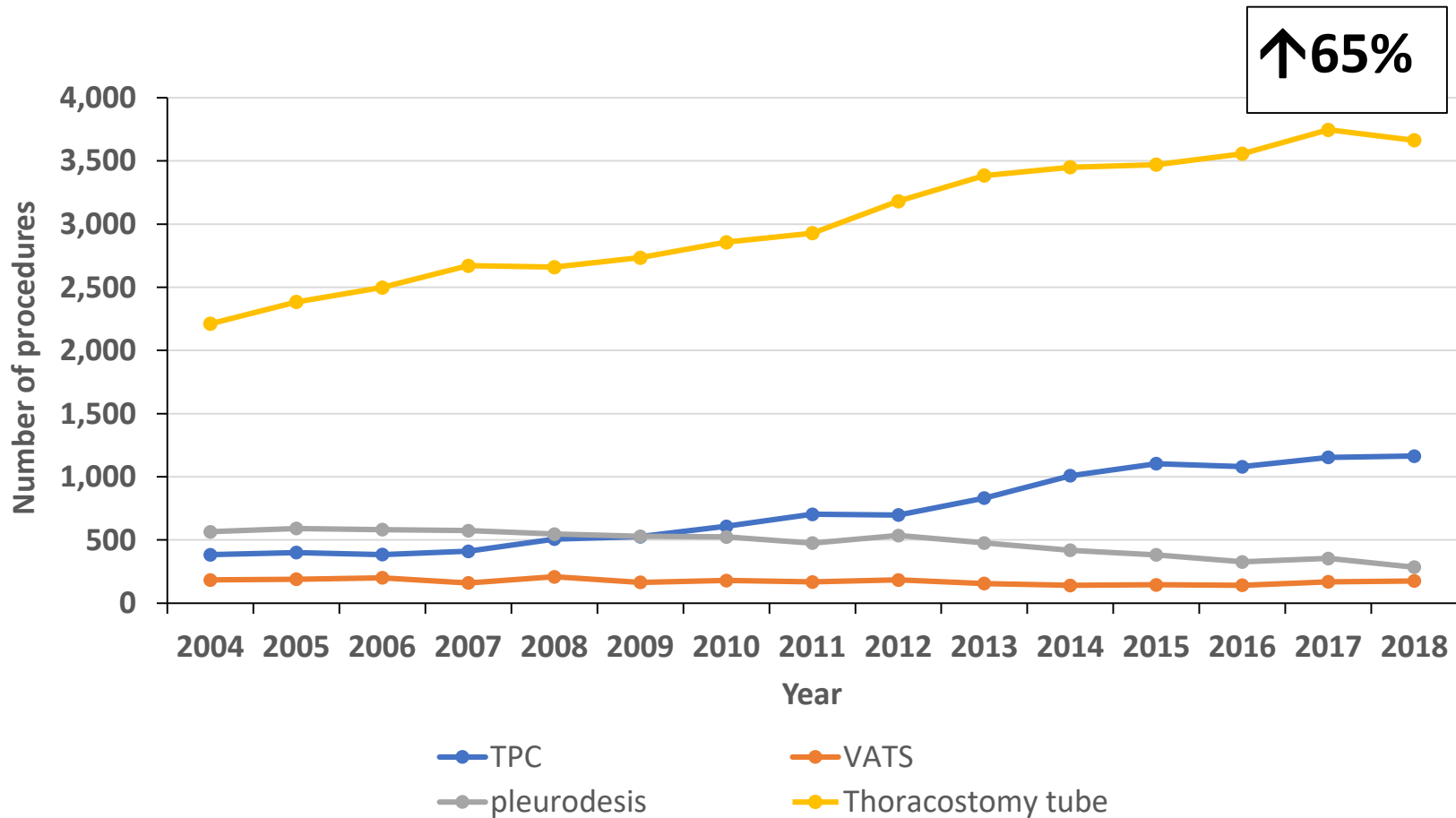


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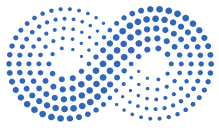


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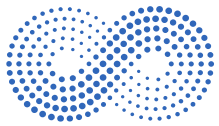




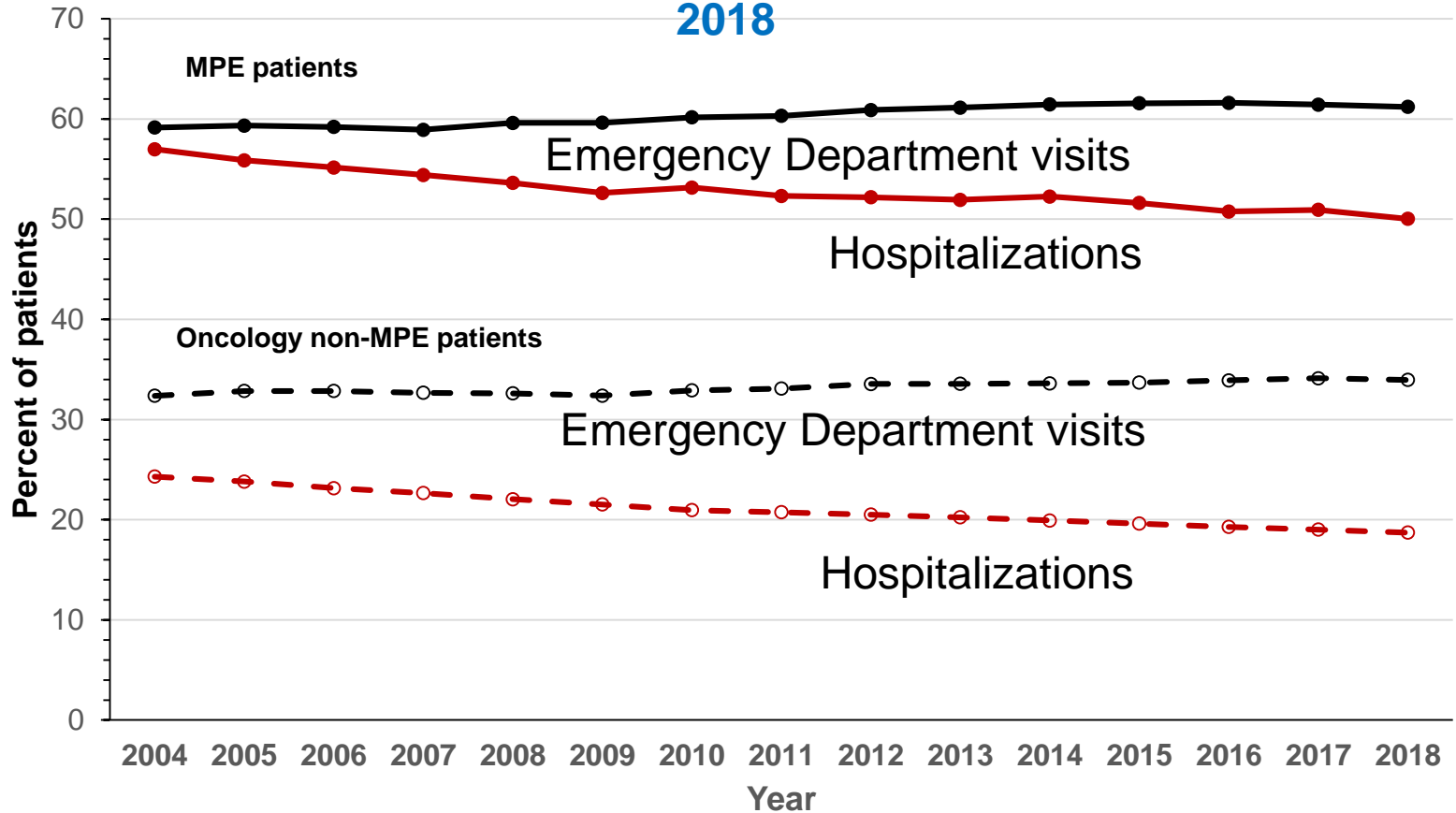
Inpatient days/procedures in MPE patients

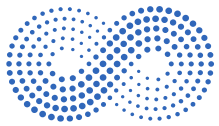
Pleural procedure used for MPE recurrence	No (%)	Total inpatient days Median (IQR)	Additional pleural procedures
Thoracentesis	10,019 (77)	31 (15-67)	17
TPC	496 (4)	23 (12-52)	<1
Thoracoscopic pleurodesis	673 (5)	25 (15-42)	<1
Chest tube pleurodesis	1,779 (14)	34 (18-68)	1

Ost et al. CHEST. 2018;153(2):438-52. 

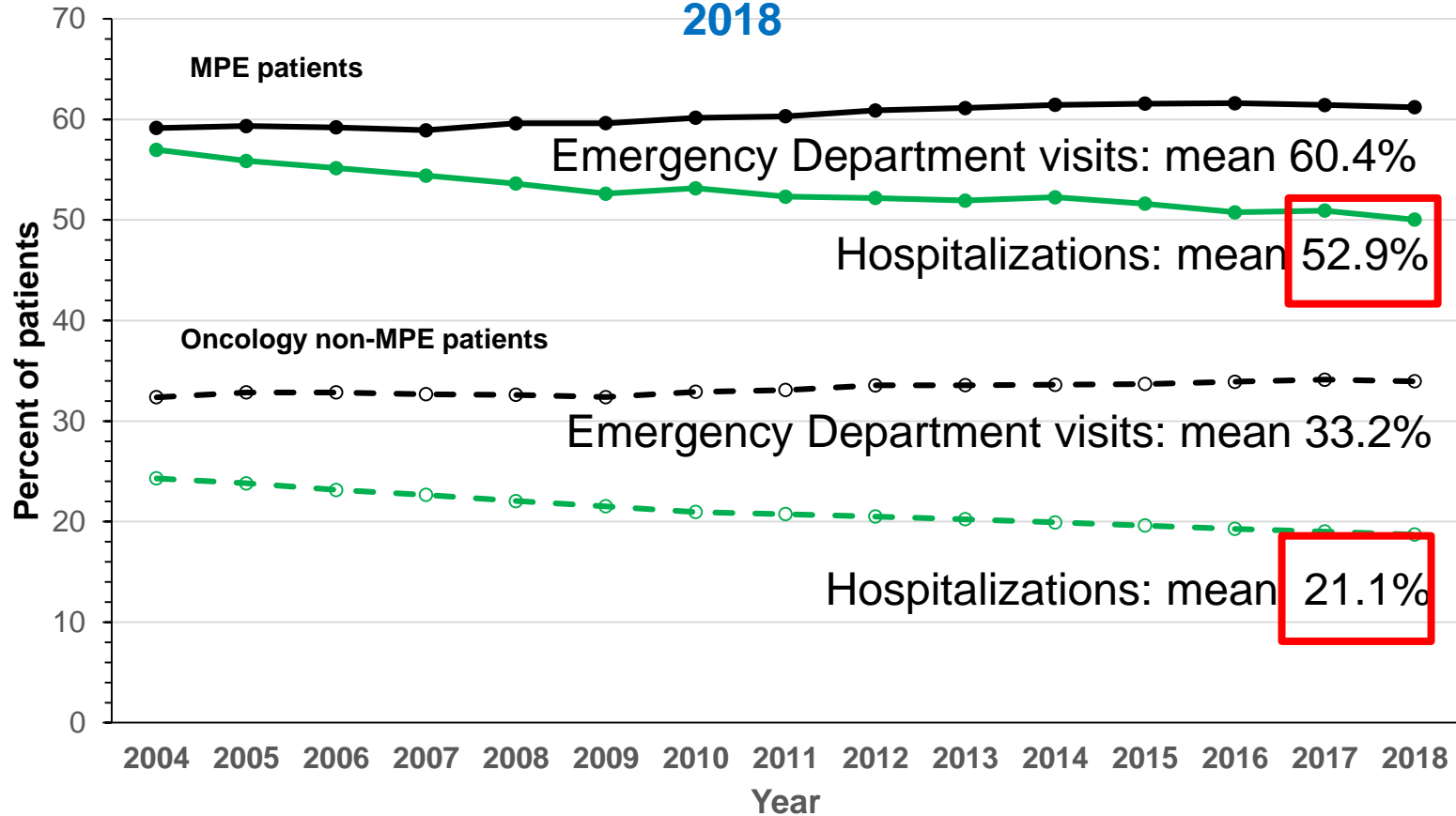


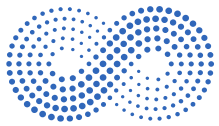
Percent of MPE and non-MPE oncology patients in Ontario who had ≥ 1 hospitalization or ED visit in 2004-2018



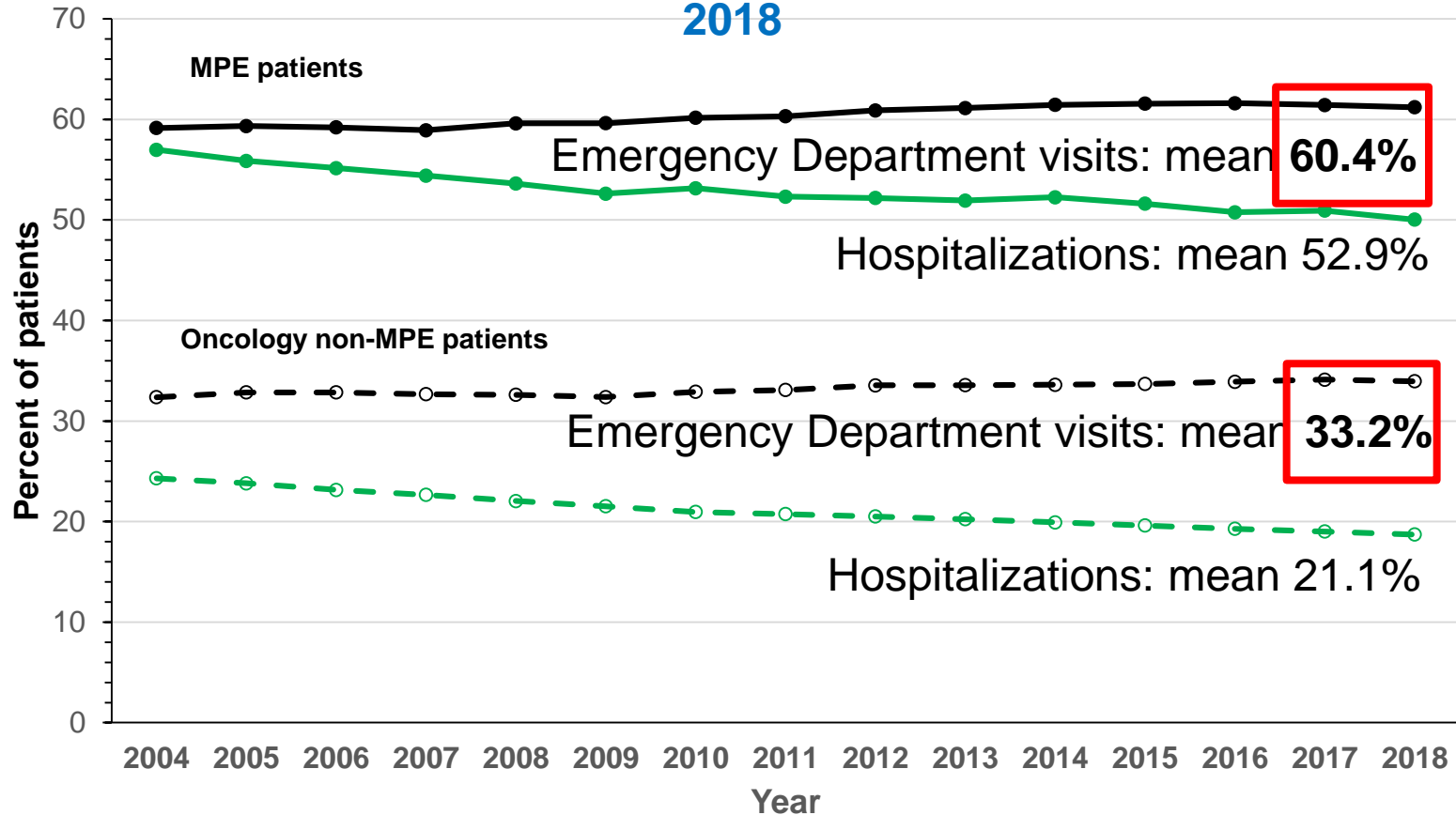


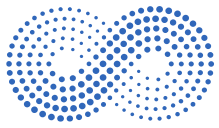
Percent of MPE and non-MPE oncology patients in Ontario who had ≥ 1 hospitalization or ED visit in 2004-2018





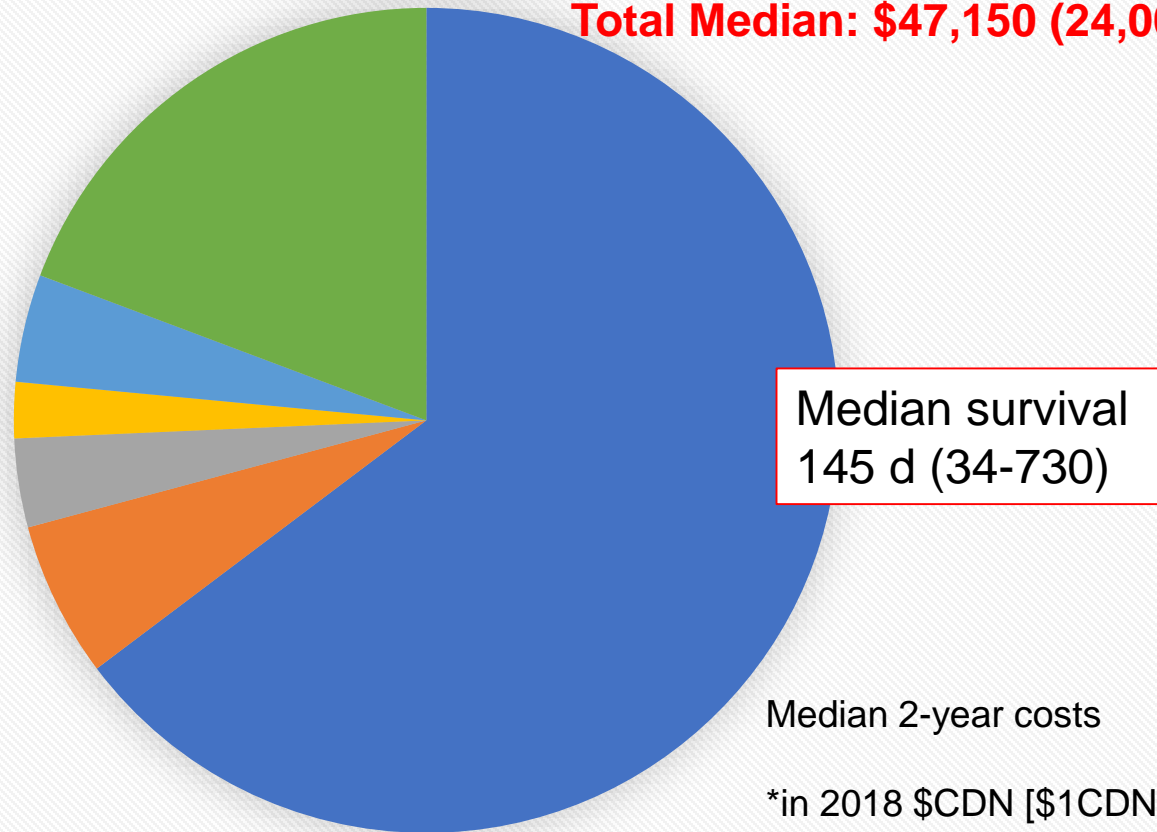
Percent of MPE and non-MPE oncology patients in Ontario who had ≥ 1 hospitalization or ED visit in 2004-2018

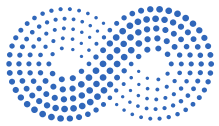




MPE patient health care costs - Canada

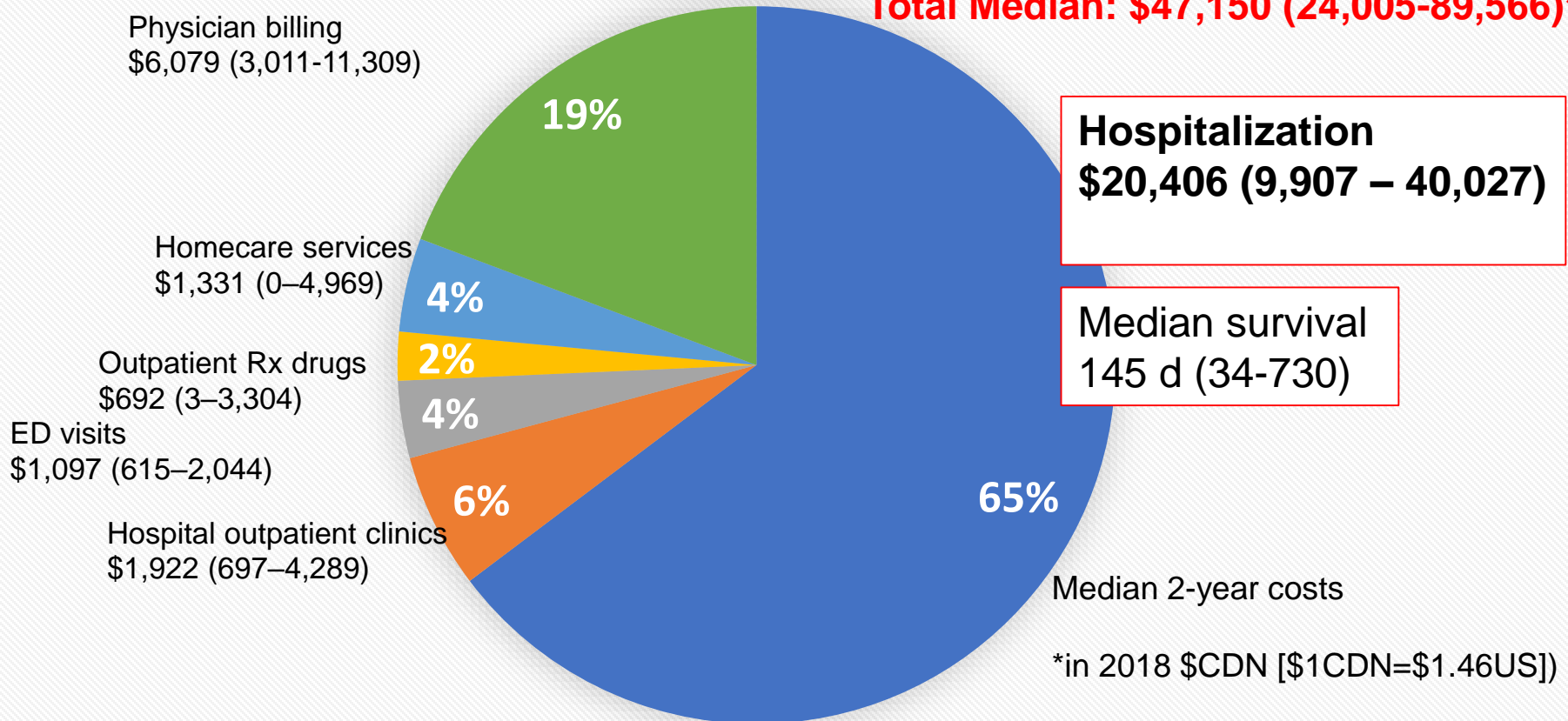
Total Median: \$47,150 (24,005-89,566)*

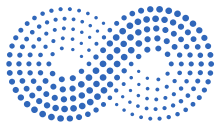




MPE patient health care costs - Canada

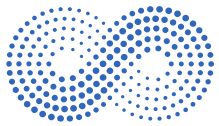
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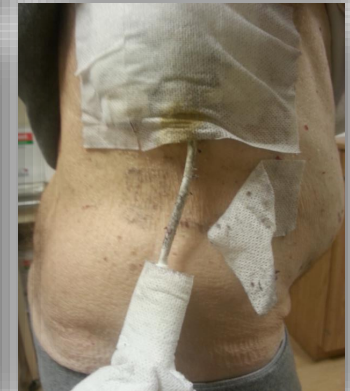
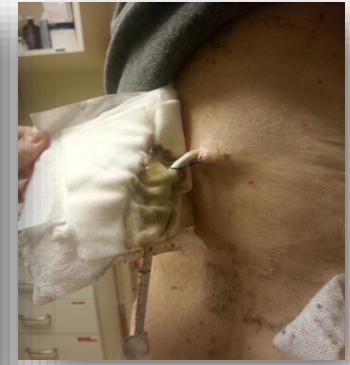
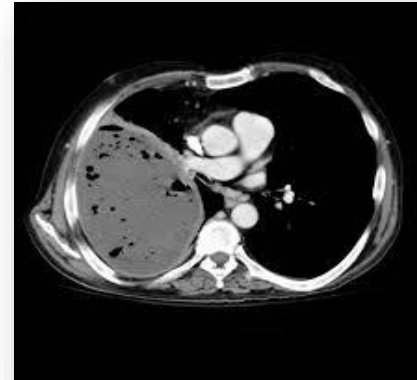
Management of MPE?





Patients managed with TPC need ongoing outpatient support

- **TPC complications**
 - Blockage ~ 10%
 - 3-5% bleeding post TPA
 - Infection 1.9-25%
 - (empyema) 1-8%
 - Cellulitis 0.4-4%
 - Pneumothorax up to 4%
 - Tract metastasis < 1%
- **Catheter removal/trouble-shooting**
 - Malfunction ~ 8-10%
 - 45% pleurodesis rate



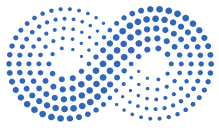
Jacobs et al. Diagnostics. 2022;12: 1016.

Ost et al. CHEST . 2014; 145: 1347-56.

Meter et al. J Gen Int Med. 2011; 1: 70-6.

Wahidi et al. ASAP. Am J Respir Crit Care Med. 2017; 195:150-7.

Muruganandan et al. AMPLE2; Lancet Respir Med. 2018;6:671-80.

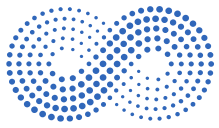


Talc pleurodesis ?

	Pleurodesis
Symptom improvement	Yes
Pleurodesis success rate	60-90% (? 50% TPC)
Drainage duration	days
Complications	< 1%
Ambulatory	No/(Yes? TPC)
Need for outpatient care	No/(Yes? TPC)
Need for further interventions	Likely

MPE hospitalization: Avg LOS 5.5 - 16 days





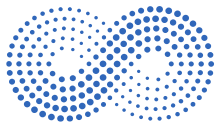
Pleurodesis? Tunnelled catheter? Or?...



- Disease progression
 - Parenchymal
 - airway obstruction
 - Lymphangitic carcinomatosis
- Treatment complications
 - Pneumonitis
 - Fibrosis
- Other
 - Pneumonia
 - Venous thromboembolism
 - AECOPD/asthma/ILD
 - Tamponade
 - Ascites
 - Anemia
 - Arrhythmia

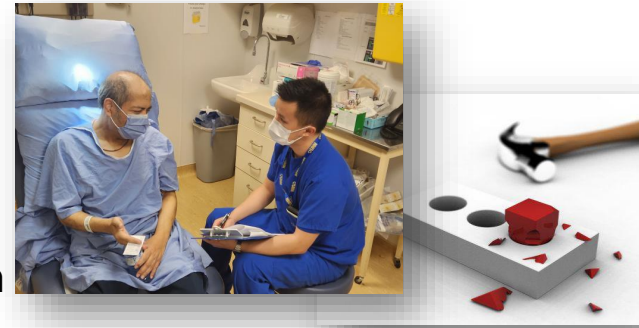
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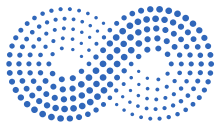




Management of MPE patient

- Comprehensive assessment of the patient
 - Multidisciplinary pleural effusion management program



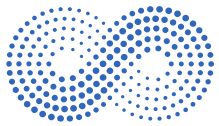


Management of MPE patient

- Comprehensive assessment of the patient
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Outcome	Pre-program, n = 69 (%)	Post-program, n = 75 (%)	p
Hospitalizations (n)	33 (48)	18 (24)	0.003



Management of MPE patient

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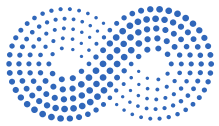


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Hospitalizations (n)	33 (48)	18 (24)	0.003
Patients with chest drain and no pleurodesis (n)	23 (46)	10 (13)	<0.001

Alwakeel et al. JOBIP. 2023

Cloyes et al. BMJ Open Quality. 2023.





Management of MPE patient

- Comprehensive assessment of the patient
 - Multidisciplinary pleural effusion management program

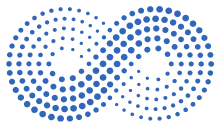


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Hospitalizations (n)	33 (48)	18 (24)	0.003
Patients with chest drain and no pleurodesis (n)	23 (46)	10 (13)	<0.001
Days with chest tube n, $\bar{X} \pm SD$	1.6 \pm 4.1	0.7 \pm 2.5	0.007

Alwakeel et al. JOBIP. 2023

Cloyes et al. BMJ Open Quality. 2023.





Management of MPE patient

- Comprehensive assessment of the patient
 - Multidisciplinary pleural effusion management program

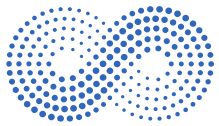


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Days with chest tube n, $\bar{X} \pm SD$	1.6 \pm 4.1	0.7 \pm 2.5	0.007
Initial presentation in ED	30 (44)	29 (39)	0.56
ED visits n, $\bar{X} \pm SD$	0.7 \pm 0.7	0.6 \pm 0.7	0.41

Alwakeel et al. JOBIP. 2023

Cloyes et al. BMJ Open Quality. 2023.

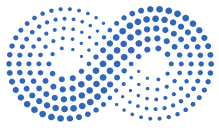




Summary

- Incidence and prevalence of malignant pleural effusion are rising.
- Malignant pleural effusion is associated with high health care utilization and cost.
- MPE management with TPC and talc result in equivalent QOL.
- Compared to talc pleurodesis via a chest tube, pleurodesis via TPC has lower pleurodesis rate.
- Intrapleural chemotherapy may be useful in MPE/NSCLC management.
- Multidisciplinary care of MPE patients may reduce MPE health care utilization and cost.

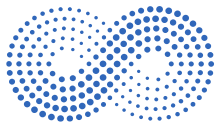




Division of Thoracic Surgery, Toronto General Hospital

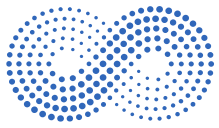


Thank you



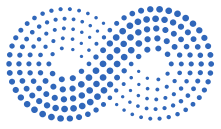
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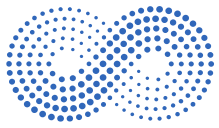
Kasia Czarnecka-Kujawa
Division of Thoracic Surgery
Division of Respirology
Toronto General Hospital
University Health Network

Thank you



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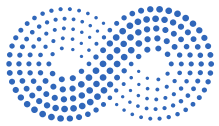




Advantages and disadvantages of most common MPE management options

	TPC
Symptom improvement	Yes
Pleurodesis success rate	Up to 45%
Drainage duration	4 weeks - > 4y
Complications	5-25%
Ambulatory	Yes
Need for outpatient care	Yes
Need for further interventions	Less likely



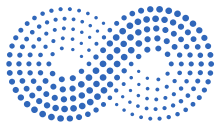


Factors to consider while offering definitive management of MPE



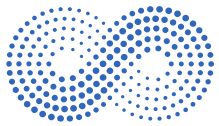
- Patient factors/wishes
- 86F with MPE and expandable lung, on chemo
 - Slow re-accumulation
 - Mild cognitive impairment
 - Wheelchair bound
 - Delirium with narcotics
- **Option offered:** TPC
- 55F MPE, trapped lung
 - Large MPE
 - Weekly thoracentesis
 - Improvement of dyspnea with drainage
 - Issue: not comfortable with TPC AND with CCAC visits at home
- **Option offered:** continue with thoracentesis until ready to commit



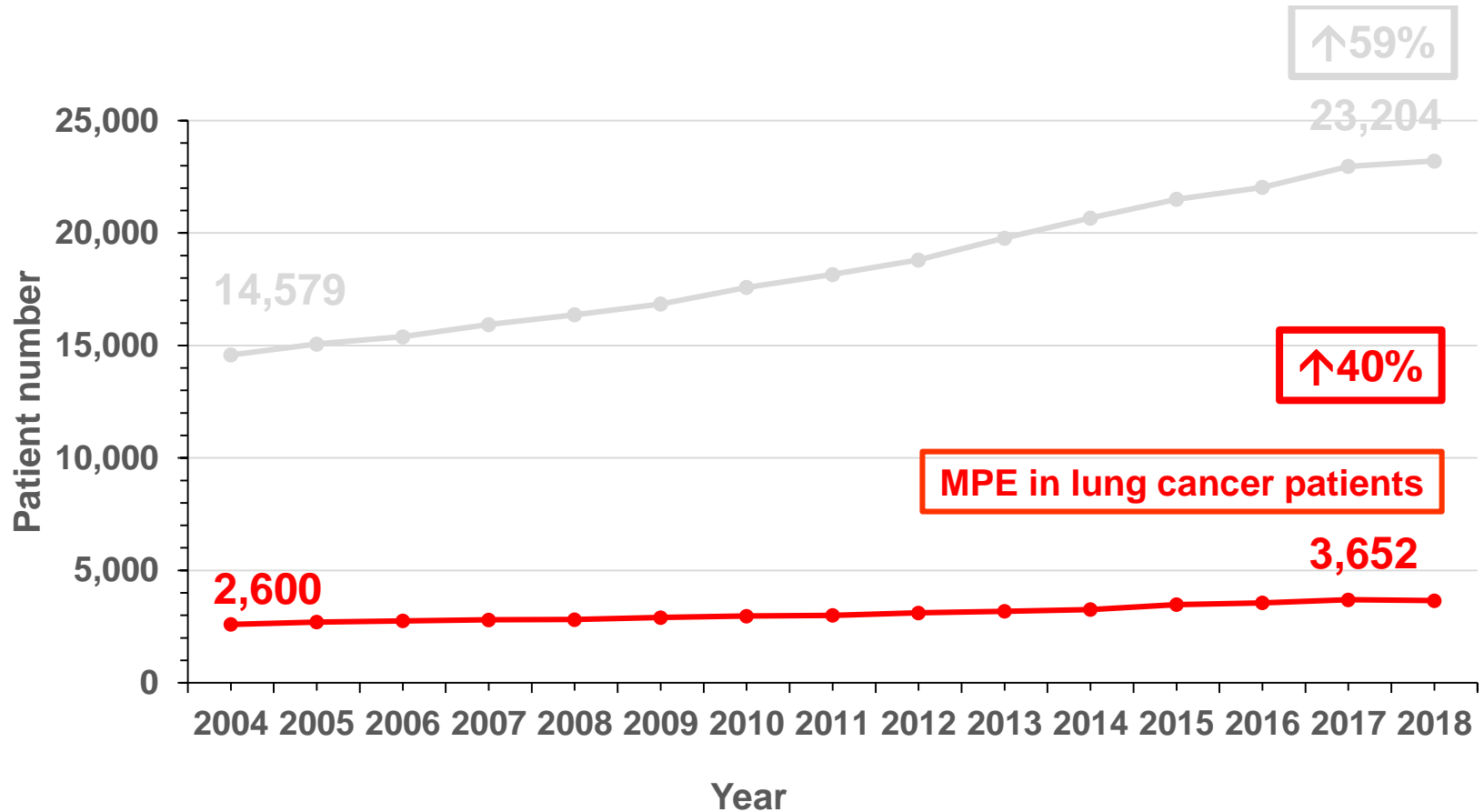


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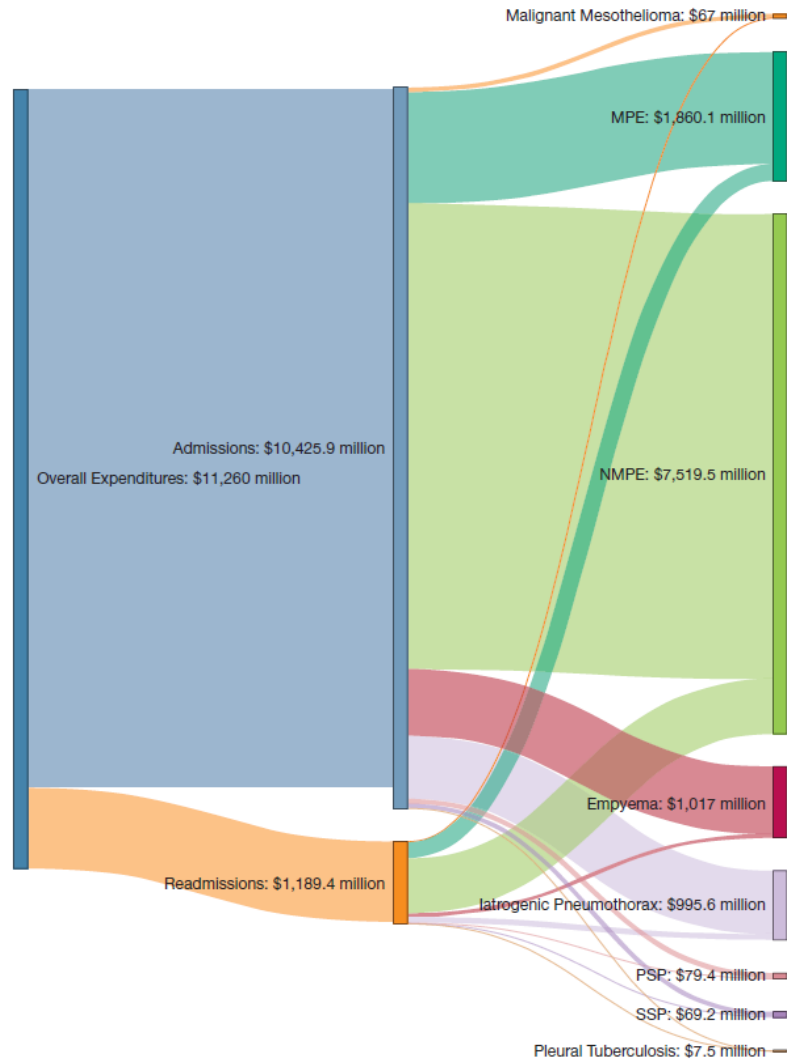
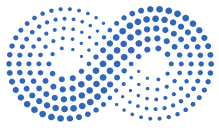


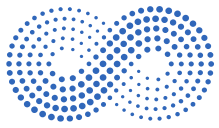
Prevalence of Malignant Pleural Effusion in Ontario 2004-2018



Czarnecka-Kujawa et al. ACCP. 2023







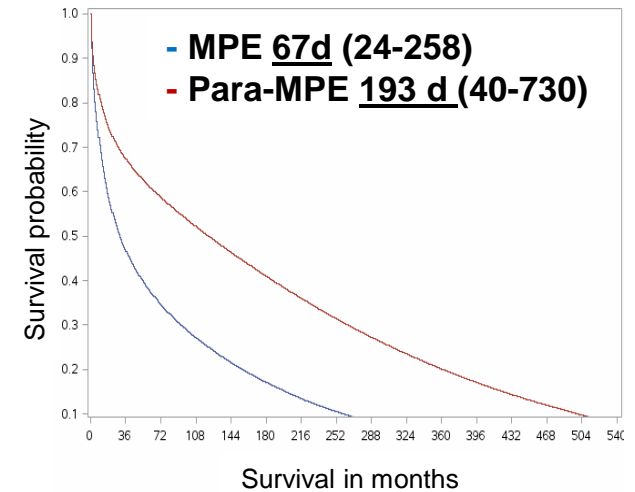
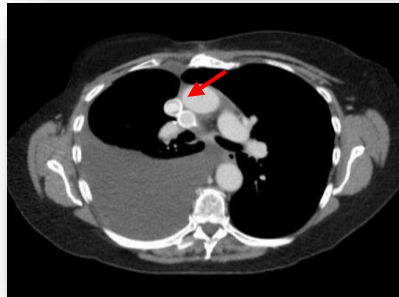
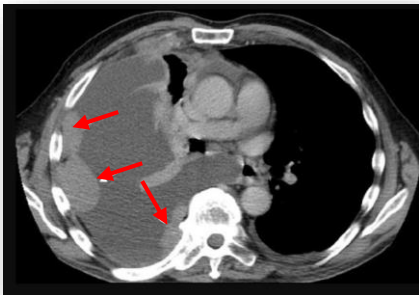
MPE vs. para-malignant effusion

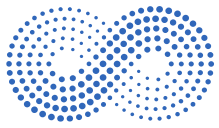
• MPE

- Effusion directly related to malignancy

• Para-malignant effusion

- Tumor effect on pleural space
 - Bronchial obstruction
 - VTE
 - SCV syndrome
 - Post-radiation (trapped lung, lymphatic injury)





Definitive MPE management

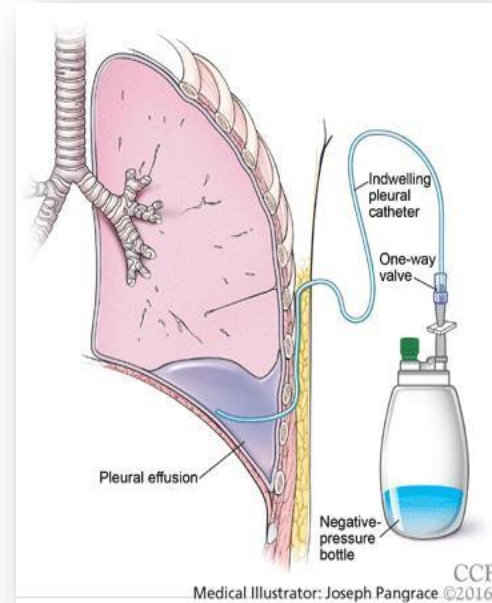


Tunneled pleural catheter

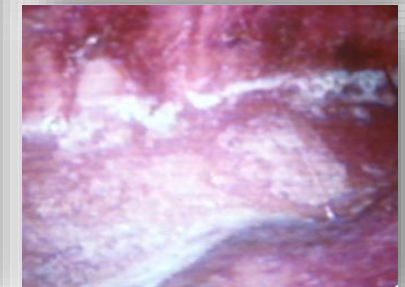


Pleurodesis

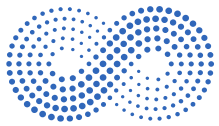
- Talc > other agents
- Slurry = poudrage
- VATS = chest tube



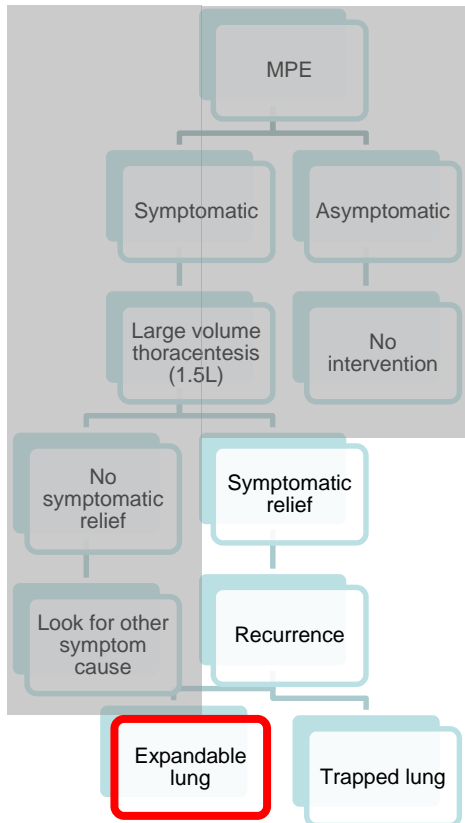
Pleurodesis via Tunneled pleural catheter



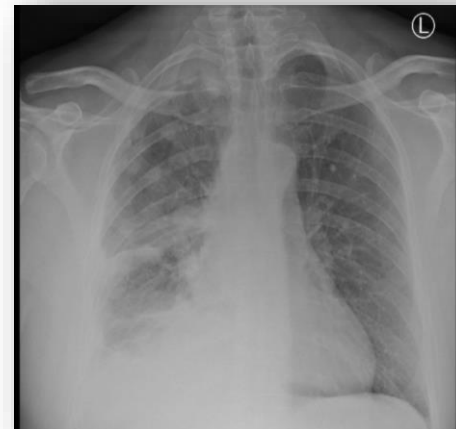
Bhatnagar et al. TAPSS JAMA. 2020;323:60-69.
Feller-Kopman et al. Am J Critic Resp Care Med. 2018;198:839-49.
Dresler et al. CHEST. 2005;127: 909-15.
Bhatnagar et al. NEJM. 2018;378:1313-22.
Yeung et al. Clin Exp Metastasis. 2020;4: 541-49.
Xia et al. PLoS ONE. 2014



MPE management

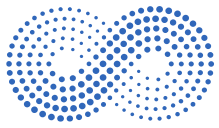


MPE management options	Expandable lung
Thoracentesis	✓
TPC	✓
Pleurodesis	✓
VATS	✓
Chest tube	✓
TPC	✓

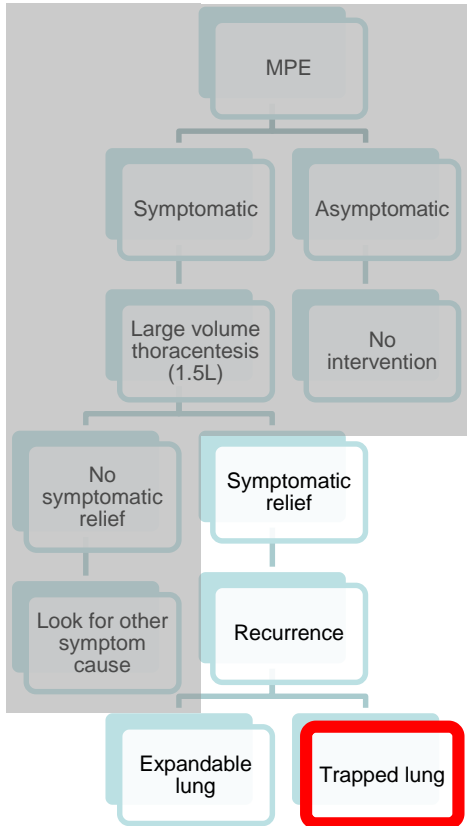


Am J Respir Crit Care Med. 2018;(198):839–849.
Roberts et al. Thorax. 2023;78:1143-56.





MPE management

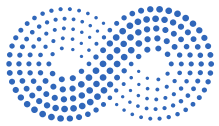


MPE management options	Trapped lung
Thoracentesis	✓
TPC	✓
Pleurodesis	
VATS	
Chest tube	
TPC	



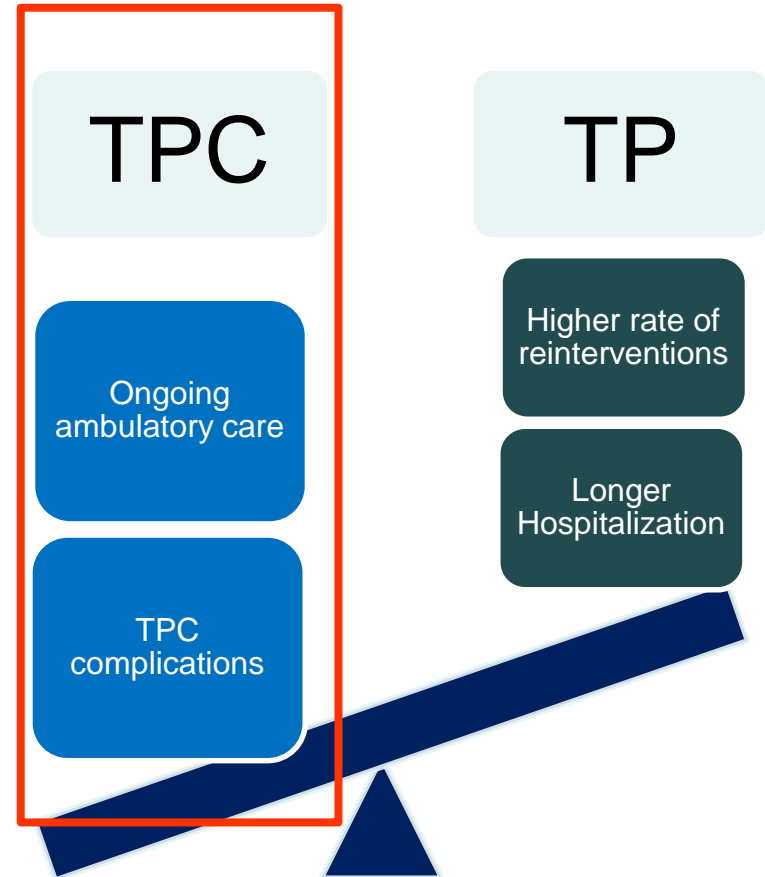
Am J Respir Crit Care Med. 2018;(198):839–849.
Roberts et al. Thorax. 2023;78:1143-56.





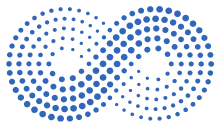
Choosing MPE management option

? Patients with survival < 6 mths



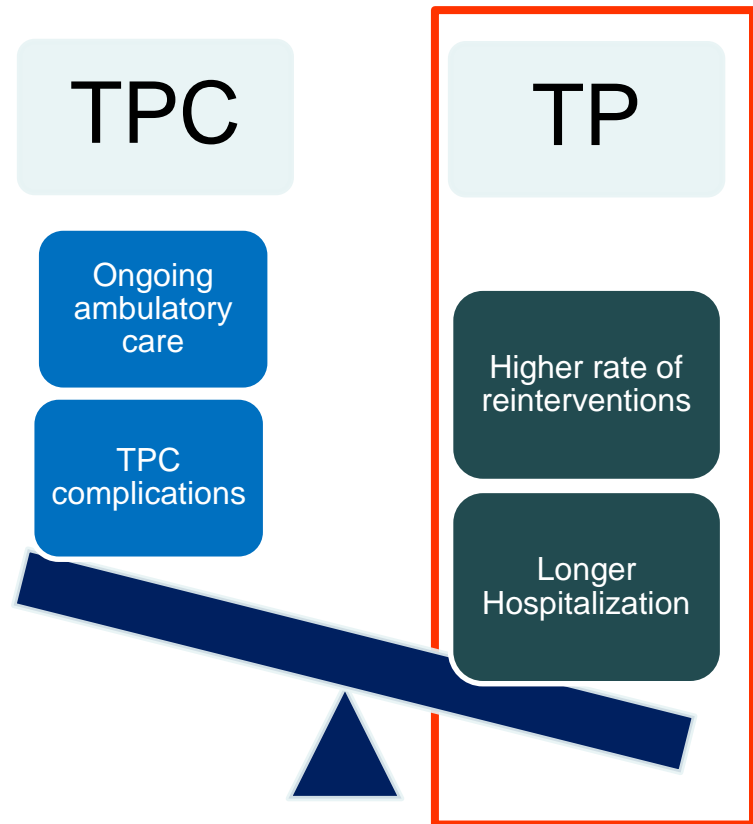
Shafiq et al. J Bronchol Intervent Pulmonol. 2015.





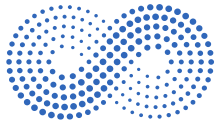
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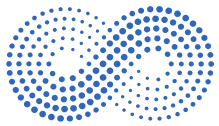
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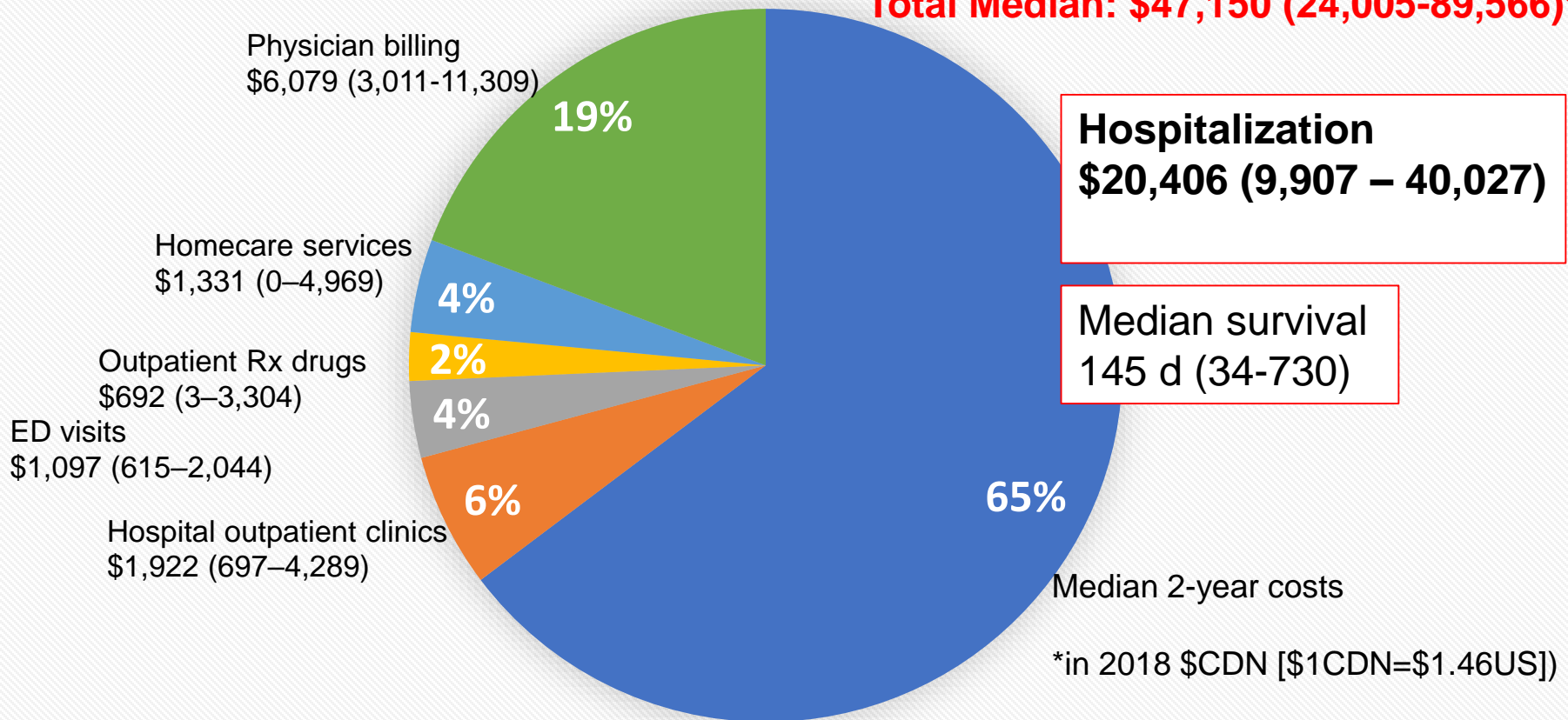
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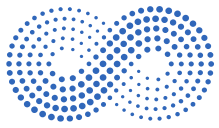




MPE patient health care costs


Total Median: \$47,150 (24,005-89,566)*

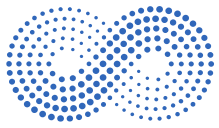




Inpatient days/procedures in MPE population

Pleural procedure used for MPE recurrence	No (%)	Total inpatient days Median (IQR)	Additional pleural procedures
Thoracentesis	10,019 (77)	31 (15-67)	17*
TPC	496 (4)	23 (12-52)	<1
Thoracoscopic pleurodesis	673 (5)	25 (15-42)	<1
Chest tube pleurodesis	1,779 (14)	34 (18-68)	1

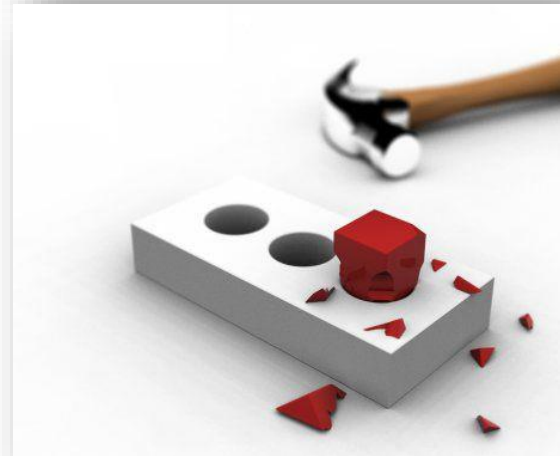
Ost et al. CHEST. 2018;153(2):438-52. 

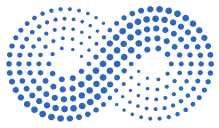


Factors to consider while offering definitive management of MPE

- Comprehensive assessment of patient symptoms
 - Patient factors/wishes/expected survival
 - Local resources
-
- 86F with MPE and expandable lung, on chemo
 - Slow re-accumulation
 - Mild cognitive impairment
 - Wheelchair bound
 - Delirium with narcotics

 - **Option offered: TPC**

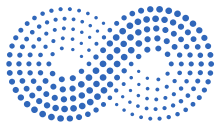




- MPE management by a dedicated program:
- ↓ hospitalization
- ↓ chest tube insertion

RACE (Rapid Assessment of Complex Pleural Effusions) Program Toronto General Hospital



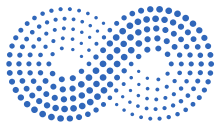


Ambulatory MPE management outcomes

Outcome	Number of Studies	Percent with Outcome			% Combined participants with outcome
		Combined Results	Single Study Minimum	Single Study Maximum	
Bleeding	6	0.4 (4/903)	0 (0/295)	0.9 (1/109)	
Infection, unspecified	3	2.0 (7/346)	1.7 (5/295)	5.9 (1/17)	
Cellulitis	10	3.4 (32/935)	1.3 (1/77)	25 (3/12)	
Empyema	13	2.8 (33/1168)	0 (0/12)	16.7 (2/12)	
Dislocated catheter	7	2.2 (14/648)	1.3 (3/240)	17.7 (3/17)	
Malfunction of catheter	2	9.1 (11/121)	0.0 (0/12)	10.1 (11/109)	
Obstructed / clogged catheter	10	3.7 (33/895)	0.9 (1/107)	17.6 (6/34)	
Pain, unspecified	2	5.6 (8/142)	2.0 (1/51)	7.7 (7/91)	
Pain, beyond immediate post-procedure	5	3.2 (18/558)	0.4 (1/240)	14.3 (4/28)	
Pneumothorax, unspecified	5	3.9 (17/439)	0 (0/27)	38.9 (7/18)	
Pneumothorax, asymptomatic	3	5.4 (9/168)	2.4 (3/125)	25 (3/12)	
Pneumothorax requiring chest tube	1	5.9 (3/51)	5.9 (3/51)	5.9 (3/51)	
Tract metastasis	10	0.8 (9/1093)	0 (0/107)	3.7 (1/27)	
Catheter removed due to complication	8	8.5 (54/633)	1.6 (1/63)	20.6 (7/34)	
Without complication	10	87.5 (517/591)	54.5 (6/11)	100 (55/55)	87.5
Symptomatic improvement	12	95.6 (628/657)	86.2 (50/58)	100 (100/100)	95.6
Spontaneous pleurodesis	12	45.6 (430/943)	11.8 (4/34)	76.4 (42/55)	45.6

Meter et al. J Gen Int Med. 2011; 1: 70-6.



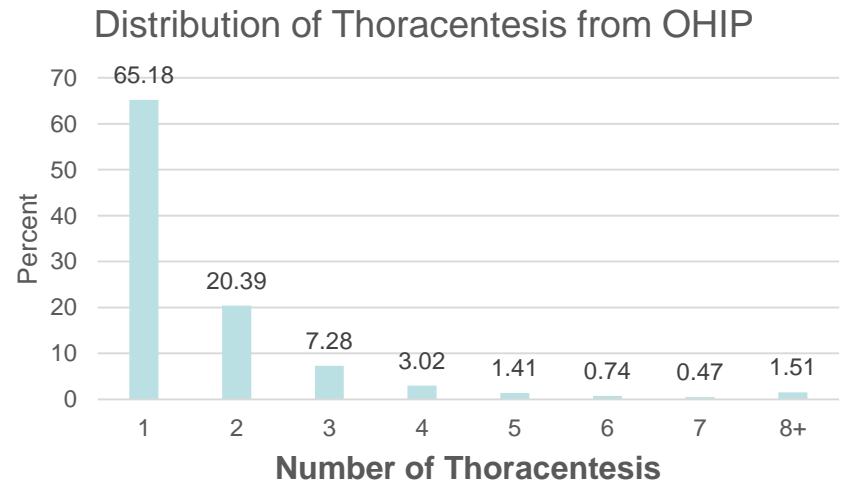
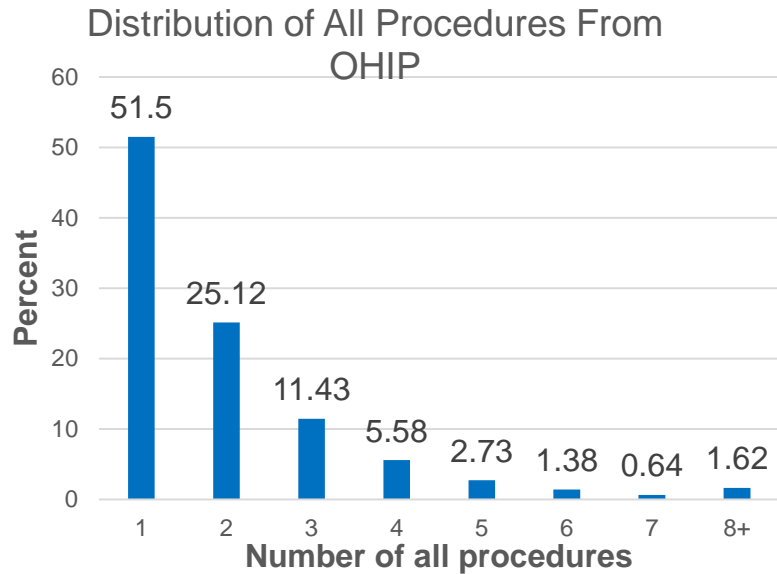
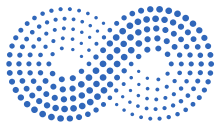


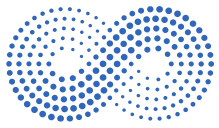
Ambulatory MPE management outcomes

Outcome	Number of Studies	Percent with Outcome			% Combined participants with outcome
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Bleeding	6	0.4 (4/903)	0 (0/295)	0.9 (1/109)	
Infection, unspecified	3	2.0 (7/346)	1.7 (5/295)	5.9 (1/17)	
Cellulitis	10	3.4 (32/935)	1.3 (1/77)	25 (3/12)	
Empyema	13	2.8 (33/1168)	0 (0/12)	16.7 (2/12)	
Dislocated catheter	7	2.2 (14/648)	1.3 (3/240)	17.7 (3/17)	
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Obstructed / clogged catheter	10	3.7 (33/895)	0.9 (1/107)	17.6 (6/34)	
Pain, unspecified	2	5.6 (8/142)	2.0 (1/51)	7.7 (7/91)	
Pain, beyond immediate post-procedure	5	3.2 (18/558)	0.4 (1/240)	14.3 (4/28)	
Pneumothorax, unspecified	5	3.9 (17/439)	0 (0/27)	38.9 (7/18)	
Pneumothorax, asymptomatic	3	5.4 (9/168)	2.4 (3/125)	25 (3/12)	
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Catheter removed due to complication	8	8.5 (54/633)	1.6 (1/63)	20.6 (7/34)	
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Symptomatic improvement	12	95.6 (628/657)	86.2 (50/58)	100 (100/100)	
Spontaneous pleurodesis	12	45.6 (430/943)	11.8 (4/34)	76.4 (42/55)	

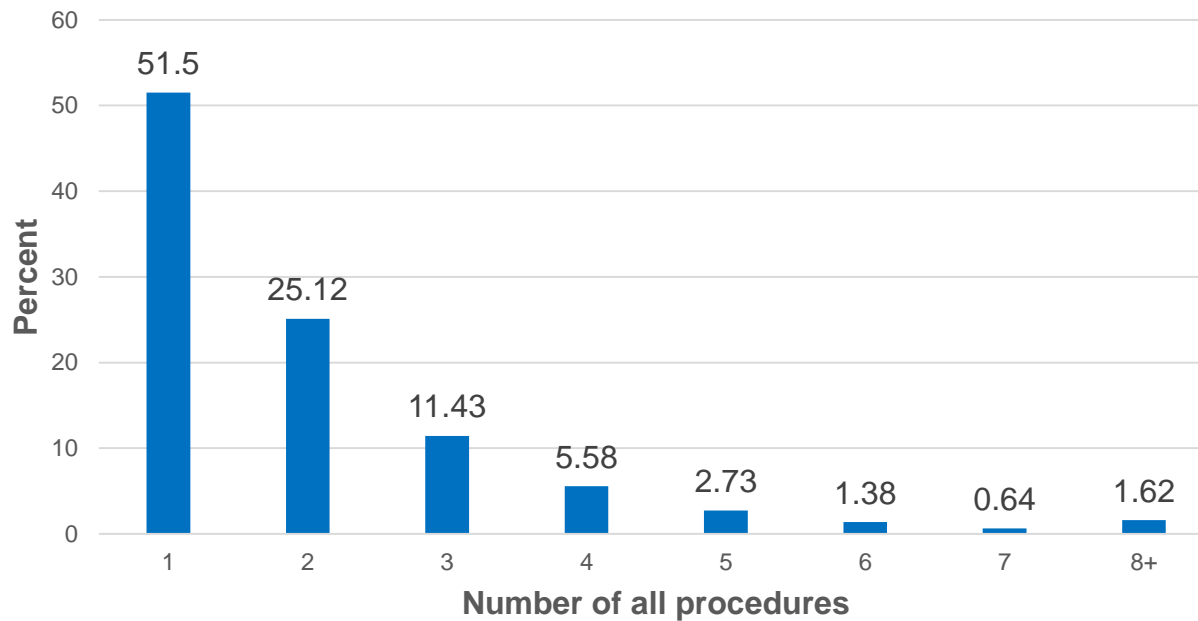
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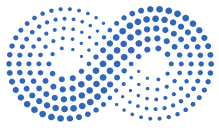






Procedures in Ontario MPE patients 2004-2018



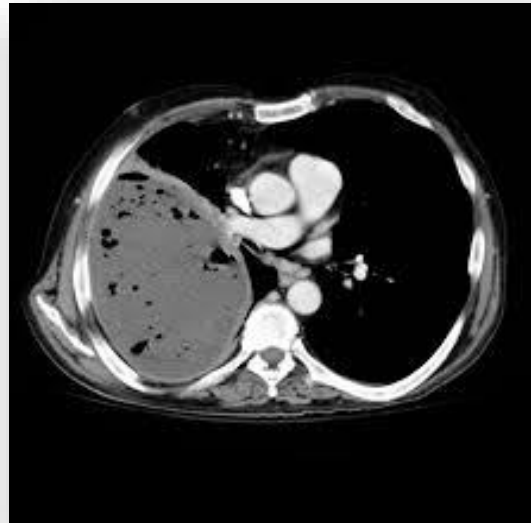


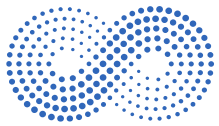
Patients managed with TPC need ongoing outpatient support

Tract metastasis



Empyema: time to empyema 158 days*





The OPTIMUM trial

Outpatient IPC management for malignant pleural effusion was not superior to inpatient chest drain and talc pleurodesis in improving quality of life after 30 days



Participants: 142 patients with malignant pleural effusion



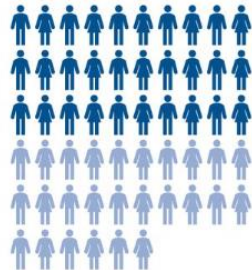
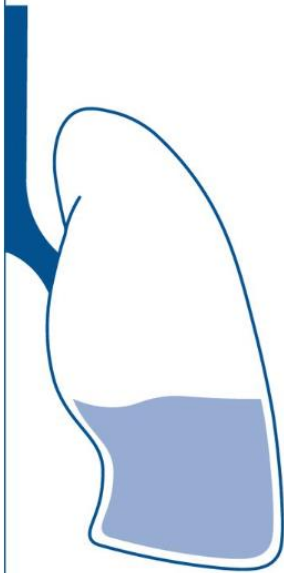
Intervention: Outpatient IPC ± talc pleurodesis



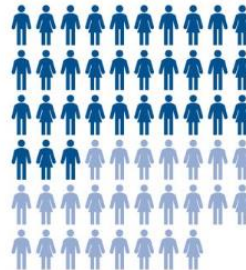
Control: Inpatient chest drain + talc pleurodesis



Primary outcome: Global health status at 30 days post-intervention (EORTC QLQ-C30)



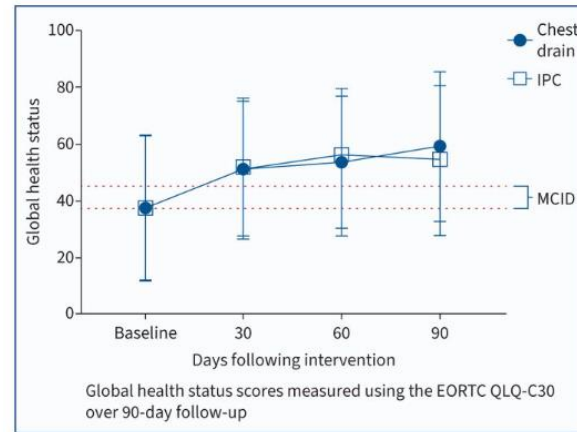
Chest drain: 30/56 patients had a significant (>8 points) improvement in global health status at 30 days



IPC: 33/58 patients had a significant (>8 points) improvement in global health status at 30 days



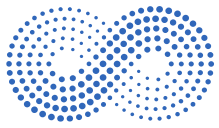
Results: Primary outcome data were available in 58 IPC and 56 chest drain participants



Day 30 mean intergroup difference in baseline-adjusted global health status of 2.06 (95% CI -5.86-9.99); p=0.61

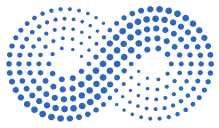


Take home: Management choice should be based on patient preferences, acceptability of risk, social circumstances and treatment accessibility



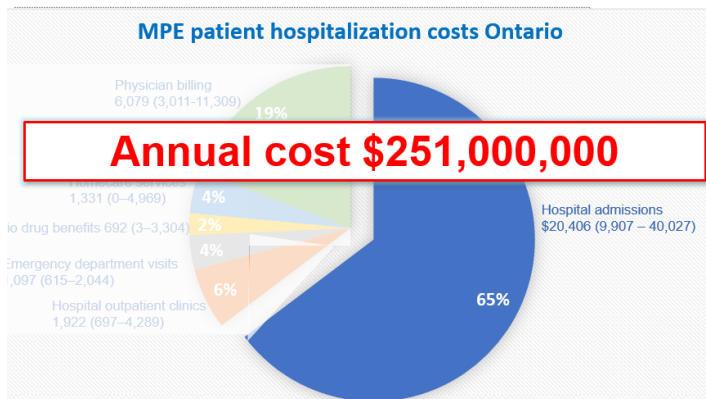
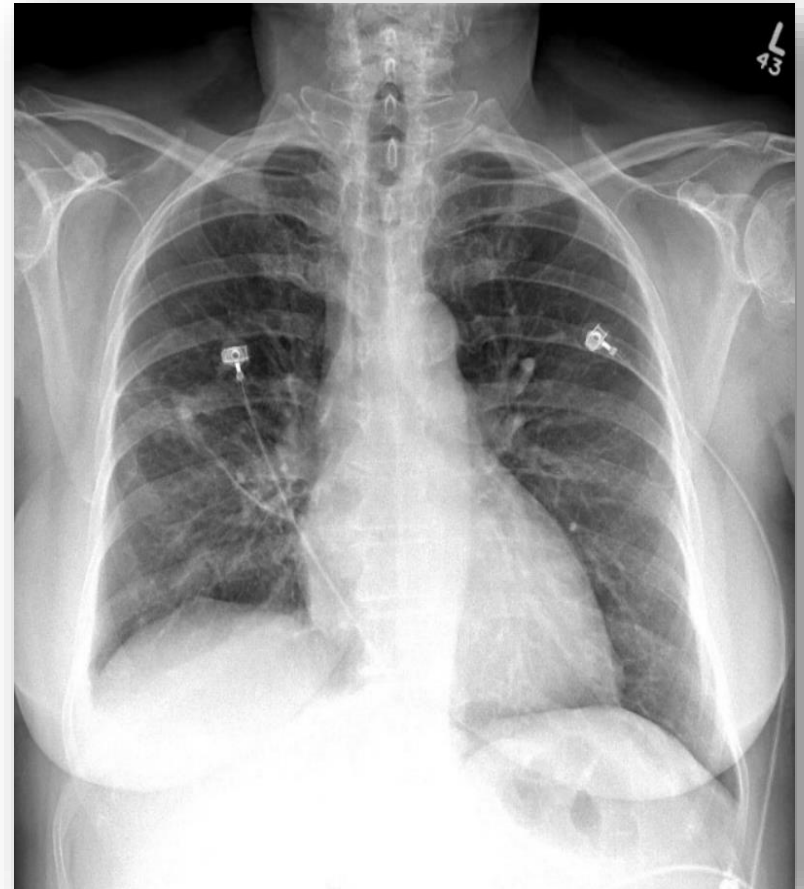
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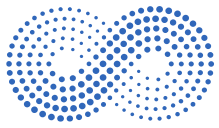


Malignant pleural effusion

- 10-12% of Ontario Cancer patients
- Median length of stay 10 (5-18)
- Hospital readmission rate:
 - 25.6% (95% CI 25.0%- 26.3)
- Readmission mortality rate:
 - 17.3% (95% CI 16.6% - 18.1%)

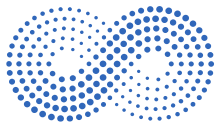


Ost et al. CHEST. 2018
Czarnecka-Kujawa et al. ACCP 2023



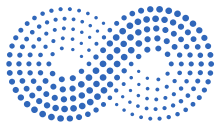
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MPE at UHN

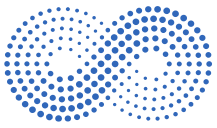
- ~ 250 admissions with MPE as primary admission diagnosis
- Annually ~400-570 admissions
 - Effusion as secondary admission diagnosis
- 16.8% mortality
- LOS: 16.5 days
- Cost/admission: \$30,743

>\$ 7,685,750 /year



UHN decision support 2008-2018

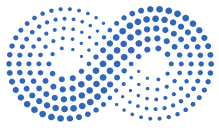
Cost expressed in CAN Dollars, adjusted for inflation to
2024, using CPI, Bank of Canada



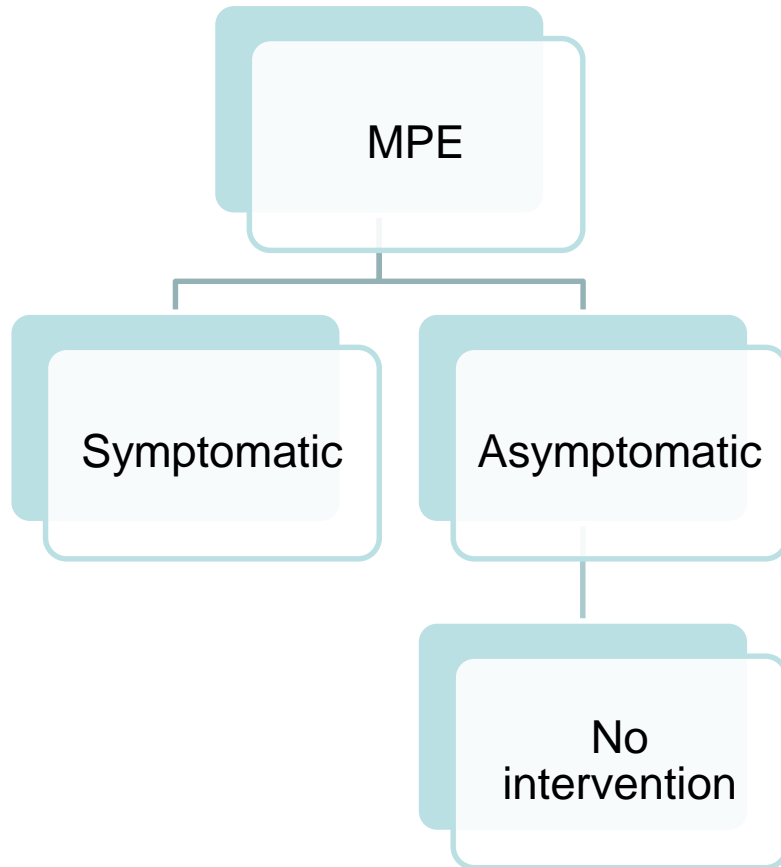
MPE - management goals

- Improve patient's quality of life
 - Improve pleural effusion-related symptoms
 - Reduce number of pleural based procedures
 - Reduce number of days spent in hospital
- Reduce health care costs

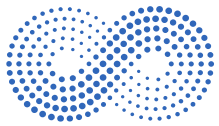




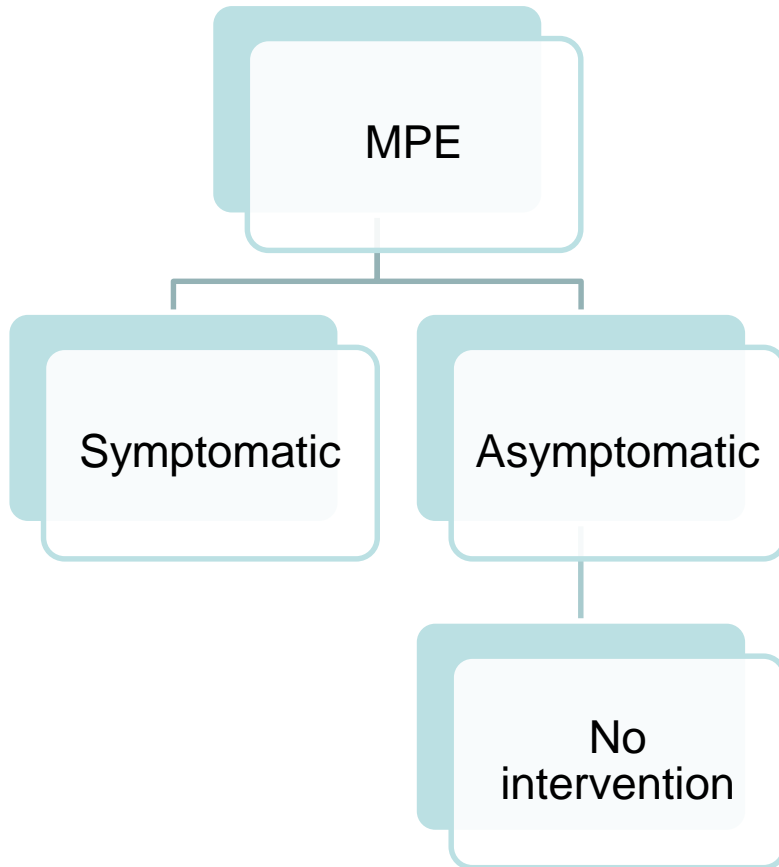
MPE – management guidelines



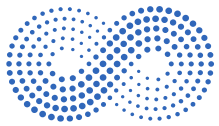
Am J Respir Crit Care Med. 2018;(198):839–849. 



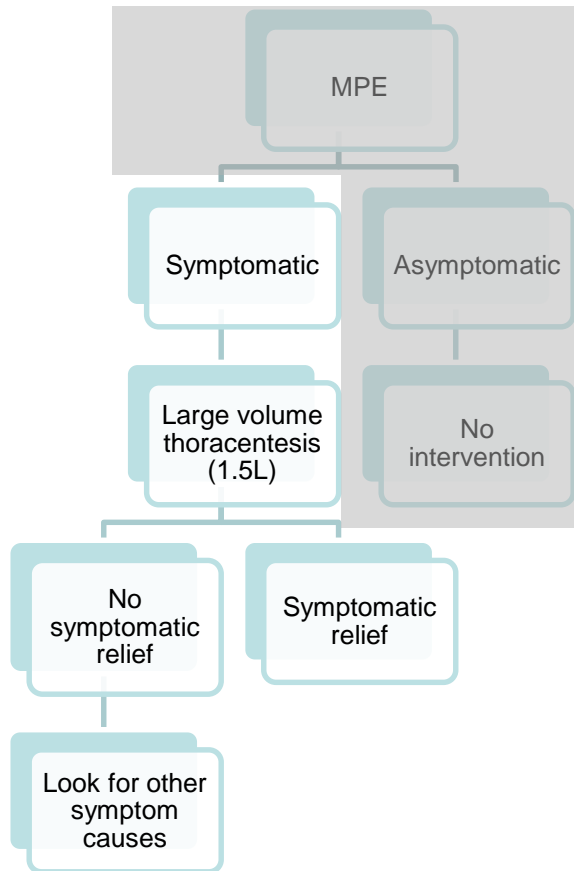
MPE – management guidelines



- no drainage unless:
 - confirmation of diagnosis needed
 - suspicion of infection
 - ? chylothorax
 - Organ dysfunction



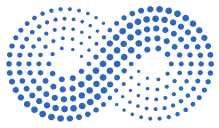
MPE – management guidelines



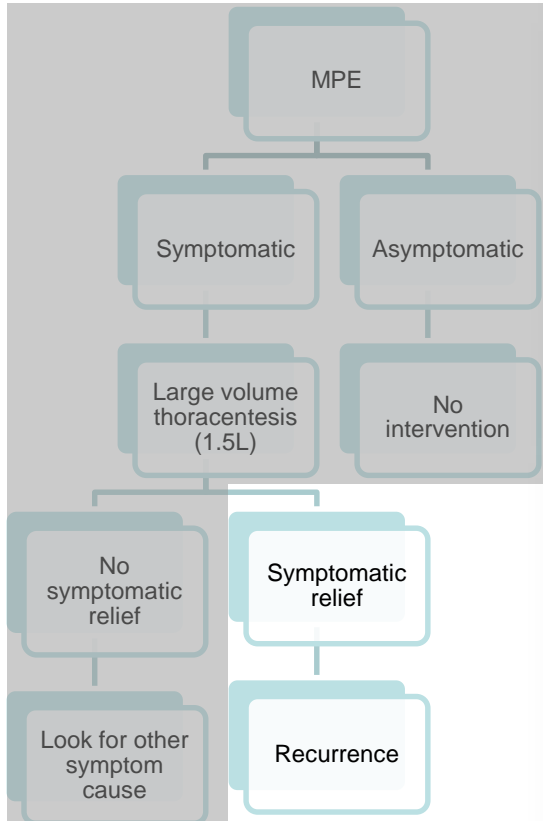
- Disease progression
 - Parenchymal
 - airway obstruction
 - Lymphangitic carcinomatosis
- Treatment complications
 - Pneumonitis
 - Fibrosis
- Other
 - Pneumonia
 - Venous thromboembolism
 - AECOPD/asthma/ILD
 - Pericardial effusion
 - Ascites
 - Anemia



Am J Respir Crit Care Med. 2018;(198):839–849. 



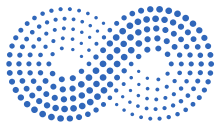
MPE – management guidelines



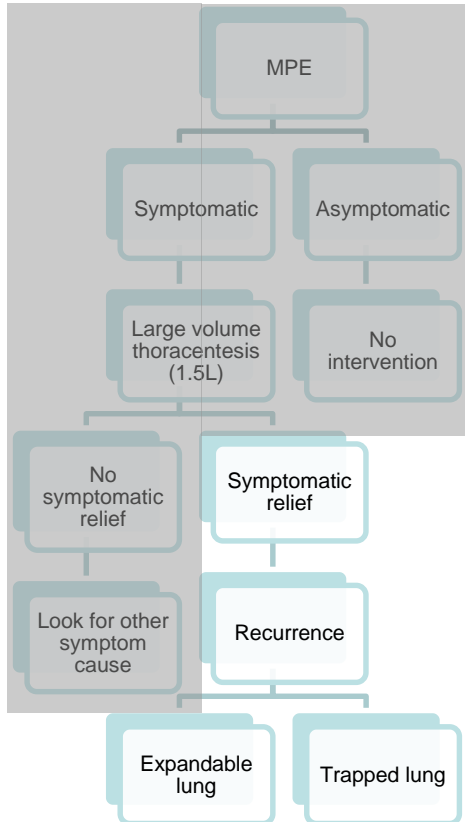
- > 50% effusions recur
- 58% recur rapidly (within 1 month)
- ? Plans for management at time of first drainage

Am J Respir Crit Care Med. 2018;(198):839–849.
Ost et al. CHEST. 2018;153(2):438-52.

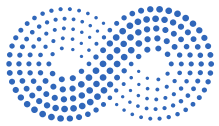




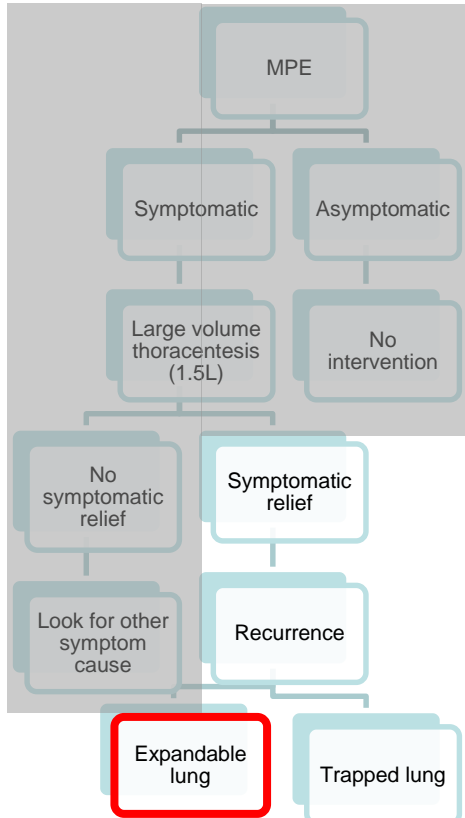
MPE – management guidelines



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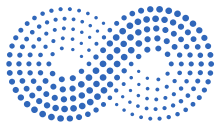
MPE – management guidelines



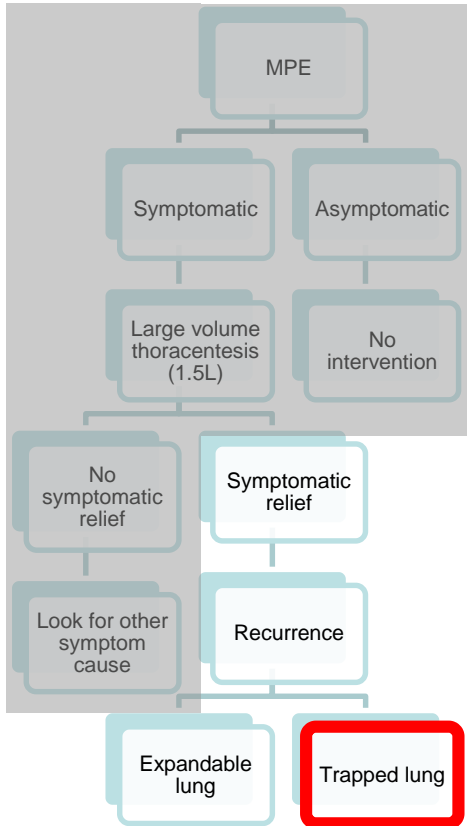
MPE management options	Expandable lung
Thoracentesis	✓
TPC	✓
Pleurodesis	✓
VATS	✓
Chest tube	✓
TPC	✓
Pleuroperitoneal shunt	✓
Decortication/pleu- rectomy	✓



Am J Respir Crit Care Med. 2018;(198):839–849.



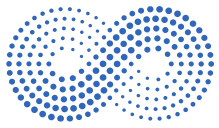
MPE – management guidelines



MPE management options	Trapped lung
Thoracentesis	✓
TPC	✓
Pleurodesis	
VATS	
Chest tube	
TPC	
Pleuroperitoneal shunt	✓
Decortication/pleurectomy	✓

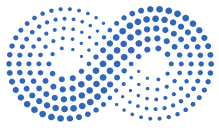


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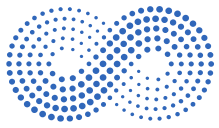
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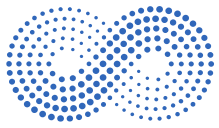
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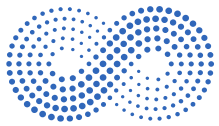
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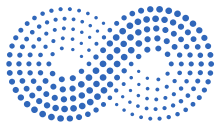
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Advantages and disadvantages of most common MPE management options

	TPC	Pleurodesis
Symptom improvement	Yes	Yes
Pleurodesis success rate	Up to 40%	60-90%
Drainage duration	4 weeks - > 4 y	days
Infection risk	5-10%	< 1%
Ambulatory	Yes	No
Need for outpatient care	YES	NO

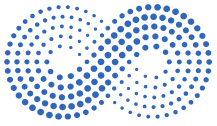




Factors to consider while offering definitive management of MPE



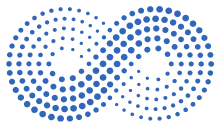
- Patient factors/wishes
- 86F with MPE and expandable lung, on chemo
 - Slow re-accumulation
 - Mild cognitive impairment
 - Wheelchair bound
 - Delirium with narcotics
- **Option offered:** TPC
- 55F MPE, trapped lung
 - Large MPE
 - Weekly thoracentesis
 - Improvement of dyspnea with drainage
 - Issue: not comfortable with TPC AND with CCAC visits at home
- **Option offered:** continue with thoracentesis until ready to commit



Is ongoing support needed for patients managed with TPC?

- Ongoing patient/family/oncology support
 - Catheter-related questions
 - Catheter-related complications
 - Is it time to remove the catheter?



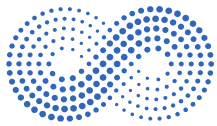


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Catheter removed due to complication	8	8.5 (54/633)	1.6 (1/63)	20.6 (7/34)	
Without complication	10	87.5 (517/591)	54.5 (6/11)	100 (55/55)	87.5
Symptomatic improvement	12	95.6 (628/657)	86.2 (50/58)	100 (100/100)	95.6
Spontaneous pleurodesis	12	45.6 (430/943)	11.8 (4/34)	76.4 (42/55)	45.6

Meter et al. J Gen Int Med. 2011; 1: 70-6.



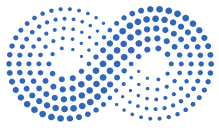


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Pneumothorax requiring chest tube	1	5.9 (3/51)	5.9 (3/51)	5.9 (3/51)	
Tract metastasis	10	0.8 (9/1093)	0 (0/107)	3.7 (1/27)	
Catheter removed due to complication	8	8.5 (54/633)	1.6 (1/63)	20.6 (7/34)	
Without complication	10	87.5 (517/591)	54.5 (6/11)	100 (55/55)	
Symptomatic improvement	12	95.6 (628/657)	86.2 (50/58)	100 (100/100)	
Spontaneous pleurodesis	12	45.6 (430/943)	11.8 (4/34)	76.4 (42/55)	

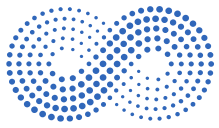
Meter et al. J Gen Int Med. 2011; 1: 70-6.





Patients managed with TPC need ongoing outpatient support



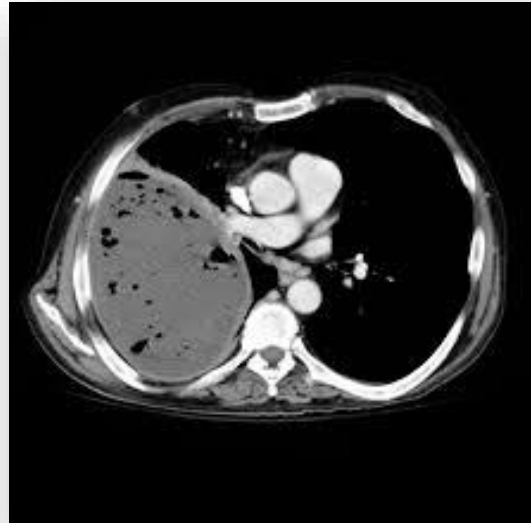


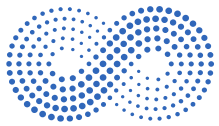
Patients managed with TPC need ongoing outpatient support

Tract metastasis



Empyema

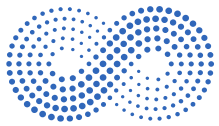




Is ongoing support needed for patients managed with TPC?

- Ongoing patient/family/oncology support
 - Catheter-related questions
 - Catheter-related complications
 - Is it time to remove the catheter?
- Ongoing community nursing support
 - Diminishing comfort level of the nursing staff in managing indwelling devices
- Longer survival of patients with MPE (?more time at risk for complications/catheter-related issues)

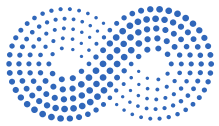




Rapid Assessment of Complex Pleural Effusion (RACE) program

- **RACE Program introduced in 2012**
- **Goal:**
 - Prompt access to definitive management of MPE for the UHN patients
 - Improving QOL for patients with MPE
 - Reducing ER/ hospital/ambulatory visits related to MPE
 - Reducing health care costs related to MPE care
 - Clinical research for continued quality improvement in MPE care

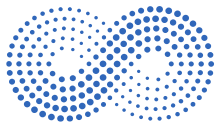




RACE (Rapid Assessment of Complex Pleural Effusions) Program

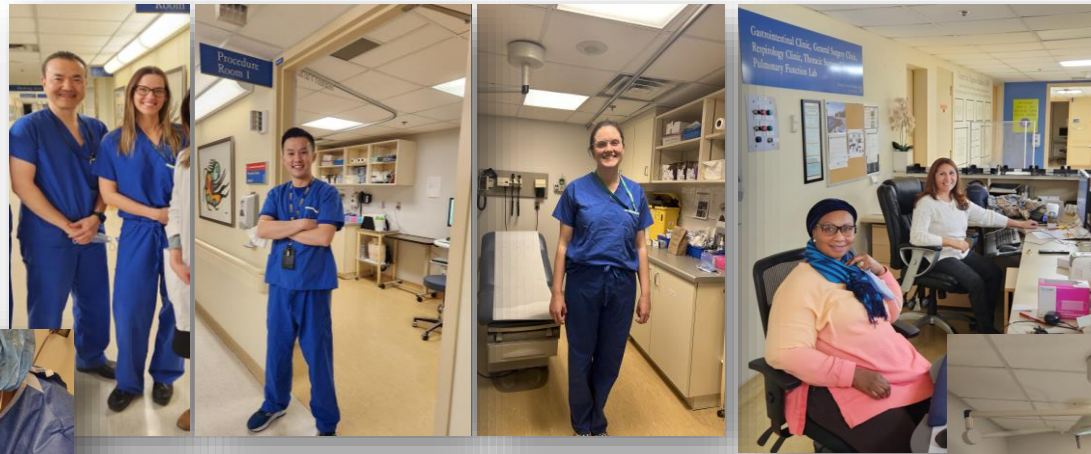
- The RACE program is a part of the Department of Thoracic Surgery
- We offer:
 - Prompt assessment of UHN MPE patients interested in definitive MPE management
 - Patient centered definitive MPE management
 - Long-term follow-up of MPE patients managed with TPC
 - Shift inpatient management of MPEs to an ambulatory setting





RACE (Rapid Assessment of Complex Pleural Effusions) Program

MEET OUR TEAM



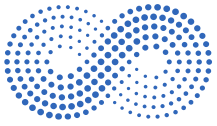
Clinic Location: Toronto General Hospital – 10 NU Thoracic Clinic

From left to right:

Dr. Yasufuku, Dr. Czarnecka-Kujawa, Marco Cheung, Rachel Downie

10NU Clinic Reception: Aku, Viviana



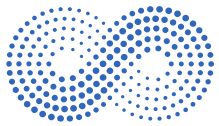


RACE (Rapid Assessment of Complex Pleural Effusions) Program

Services RACE at present does not provide:

- Ongoing management of Non-Malignant Pleural Effusions
- Ongoing therapeutic thoracentesis for MPE patients not pursuing definitive management
- Support for indwelling devices inserted outside of the RACE program
- Replace services of ER/Urgent care for patients in acute distress





RACE (Rapid Assessment of Complex Pleural Effusions) Program

Out-Patient RACE Referrals via EPIC

- Go to "Add Orders"
- Type "Outpatient Referral to Thoracic Surgery" or "REF13"
- Select "RACE program" as subcategory
- Fill out requested patient information

Outpatient Referral to Thoracic Surgery Accept

Process Inst.: Please select a provider if you would like to direct the consult to a specific surgeon. Otherwise, the next available or most appropriate surgeon will be assigned. Some referrals will require additional information.

Class: Internal Ref

Referral: To dept: TG-THORACIC SURGERY
To provider:
Priority: Routine

Program: General Thoracic Surgery Suspected Lung Cancer Rapid Assessment (LungRAMP)
Suspected Esophageal Cancer Rapid Assessment (EsoRAMP) Benign Esophageal Disease Program
Mesothelioma Program CTEPH Program **Malignant Pleural Effusion Rapid Assessment (RACE)**
Lung Metastases Program (LungMETS)

Previous Thoracentesis Date(s):

Previous Pleurodesis: Yes No N/A

Previous Indwelling Pleural Catheter: Yes No N/A

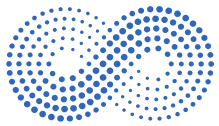
Symptomatic Relief with Thoracentesis: Yes No N/A

Primary Malignancy:

Current Treatment of the Primary Malignancy:
 Active Chemotherapy with Curative Intent Palliative Chemo Radiation
 Palliative Pain Control N/A

Anticoagulant Use: Yes No N/A

Reason for Referral:



RACE (Rapid Assessment of Complex Pleural Effusions) Program

In-Patient RACE Referrals via EPIC

- Go to "*Inpatient Orders*"
- Type "*Inpatient Consult to Thoracic Surgery*" or type "*CON73*"
- In the free text for reason for referral, type in "*RACE consultation*"

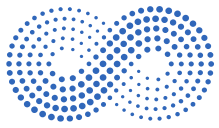
Inpatient Consult to Thoracic Surgery

Consult: By Provider: HASNAIN, YOUSRA
ON
To Provider:

Priority: Routine STAT
Frequency: Once
At: 18/1/2023 Today Tomorrow 1139

Reason for Consult? RACE
Level of Consultation: Consultation Only Consultation and on-going Management Consult and assume MRP
Consulting Team: THORACIC SURGERY
Process Instructions: Please follow-up the Consult order with a telephone call to ensure it was received. Urgent consults should always be communicated directly.
Comments: + Add Comments
Reference Links: • Webpaging

Next Required Link Order Accept Cancel



RACE Team
Division of Thoracic Surgery
Division of Respiriology
Toronto General Hospital
University Health Network

Thank you